



PATTERN DANCE COMPETITION GUIDE

These requirements are applicable to all Pattern Dance Competitions in Podium Pathway, STAR (Solo and Partnered), and Adult events that are judged using Cumulative Points Calculation (CPC).

Music for Podium Pathway & Adult Pattern Dance events

Skaters must submit their own pattern dance music to competition organizers as indicated in the announcement for the competition, even if using Skate Canada Series 8 or an ISU music selection.

Category	Requirements
Pre-Juvenile	Music must be selected from either the current ISU Ice Dance music (tunes 1 to 5 only), Skate Canada Series 8 or from the Skate Canada approved music for pattern dances. Only Skate Canada Series 8 music will be used during the warm-up period.
Juvenile	
Pre-Novice	Music may be selected from the current ISU Ice Dance music (tunes 1 to 5 only) or a choice of music that meets the tempo specifications for the pattern dance. The chosen music must be in accordance with the rhythm of the pattern dance and may be vocal. The tempo must remain constant throughout the pattern dance and be in accordance with the required tempo, plus or minus 2 beats per minute (plus or minus 3 beats per minute for waltz rhythms). Violations of music requirements or tempo specifications will be penalized per specifications (-1.0 for music, -0.5 for tempo). ISU music (tune 6) will be used during the warm-up period for Pre-Novice/Novice. Skate Canada Series 8 music will be used during the warm-up period for Adult.
Novice	
Adult	

Music for STAR Pattern Dance events

Category	Requirements
STAR 2/3 STAR 4/5 STAR 6/7 STAR 8/9 STAR 10 Gold Diamond	Skate Canada Series 8 music will be used for all pattern dance events. However, skaters have the option to use a selection from the current ISU Ice Dance music (tunes 1 to 5) or from the Skate Canada approved music for pattern dances. If skaters chose to not use Series 8 music, they must supply this music to the competition organizers as indicated in the announcement for the competition. Only Skate Canada Series 8 music will be used during the warm-up period.

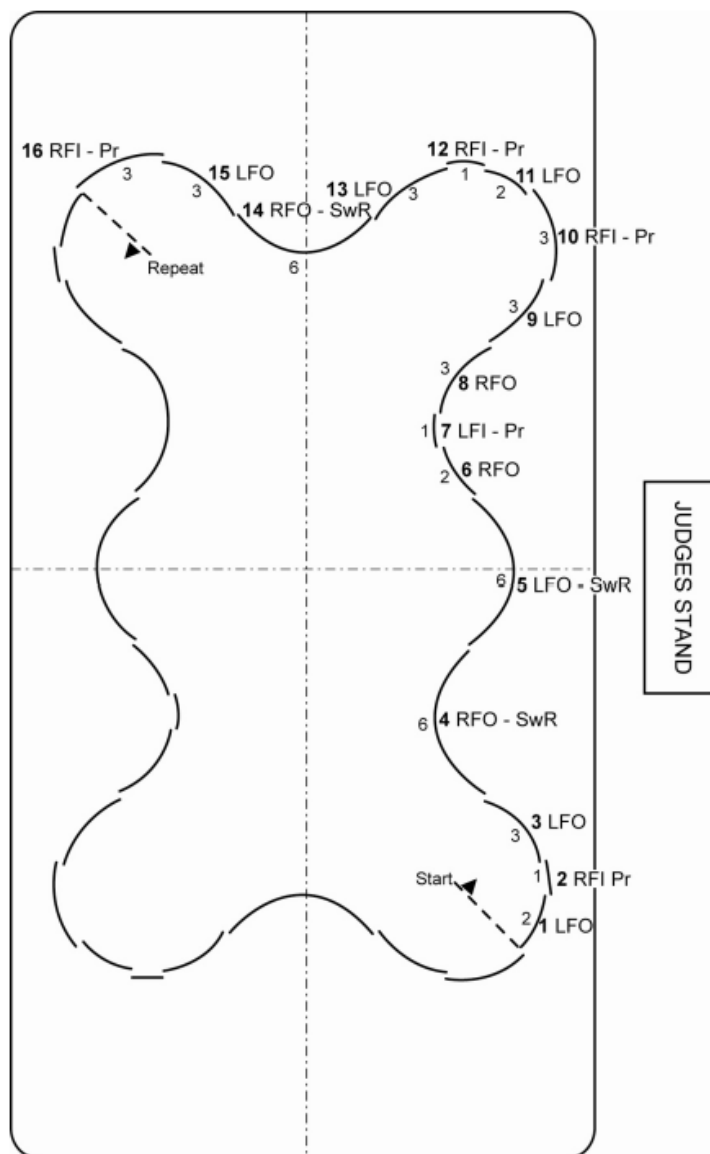
Pattern Diagrams

Note that domestically, what has traditionally been referred to as “lady” (e.g. lady’s steps) is labeled as “A Steps”, and what has traditionally been referred to as “man” (e.g., man’s steps) is identified as “B Steps”.

PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Dutch Waltz								
Music	Tempo							Pattern
Waltz 3/4	45 measures of 3 beats per minute 135 beats per minute +/- 3 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
20.4 - 21.3				40.8 - 42.6				
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
DW1, DW2	1 Section	1-16	16	2	4	8	12	14





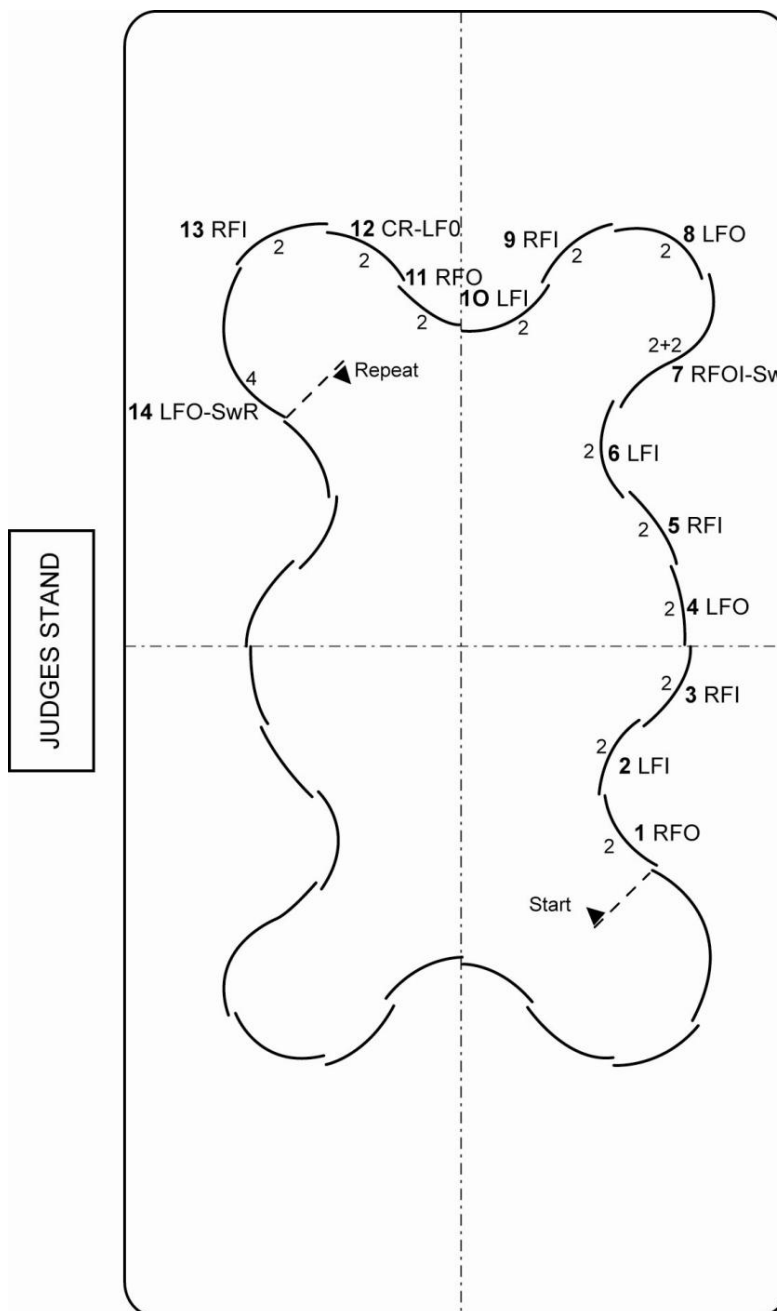
The diagram illustrates the 'S' shaped movement pattern for the 'JUDGES STAND'. The pattern is divided into two main sections by a vertical dashed line. The right section shows the sequence of movements and counts: 1. LFO (1), 2. RFI-Pr (1), 3. LFO (1), 4. RFI-Ch (1), 5. LFO-SwR (4), 6. RFO (2), 7. LFI-slCh (2), 8. RFO-SwR (4), 9. LFO (2), 10. RFI-slCh (2), 11. LFO (1), 12. RFI-Pr (1), 13. LFO (2), 14. RFO-SwR (4). The left section shows the continuation of the pattern, with a dashed line and an arrow pointing to the word 'Repeat'. A box on the right side of the diagram is labeled 'JUDGES STAND'. A 'Start' arrow points to the beginning of the sequence at the bottom right.

PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Baby Blues								
Music	Tempo							Pattern
Blues 4/4	22 measures of 4 beats per minute 88 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
21.3 – 22.3				63.9 – 67.0				

3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
BB1, BB2, BB3	1 Section	1-14	14	1	4	7	11	13

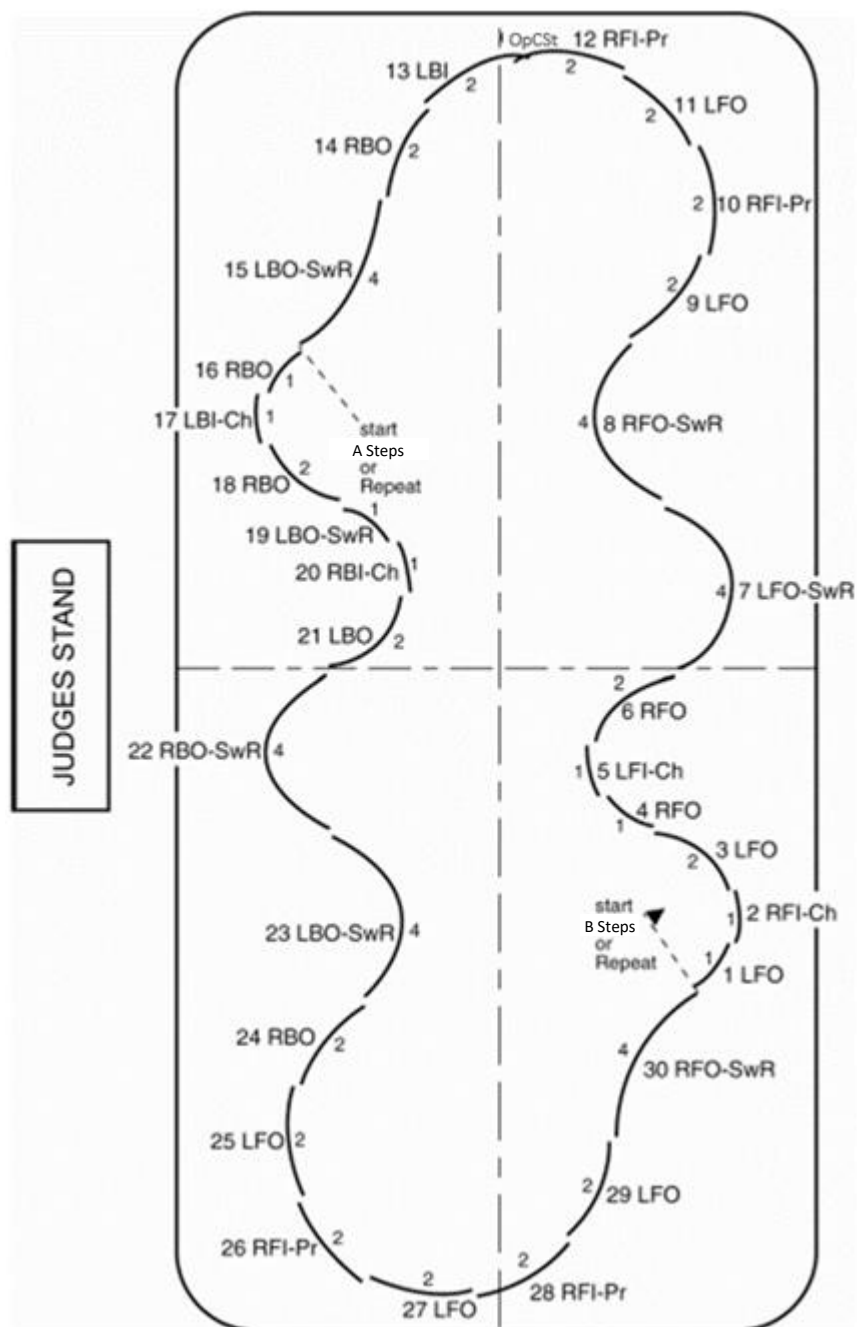


PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Swing Dance								
Music	Tempo							Pattern
Foxtrot 4/4	24 measures of 4 beats per minute 96 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
39.2 – 40.9				78.4 – 81.8				
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
SD1, SD2	1 Section	1-30	30	3	8	15	23	27

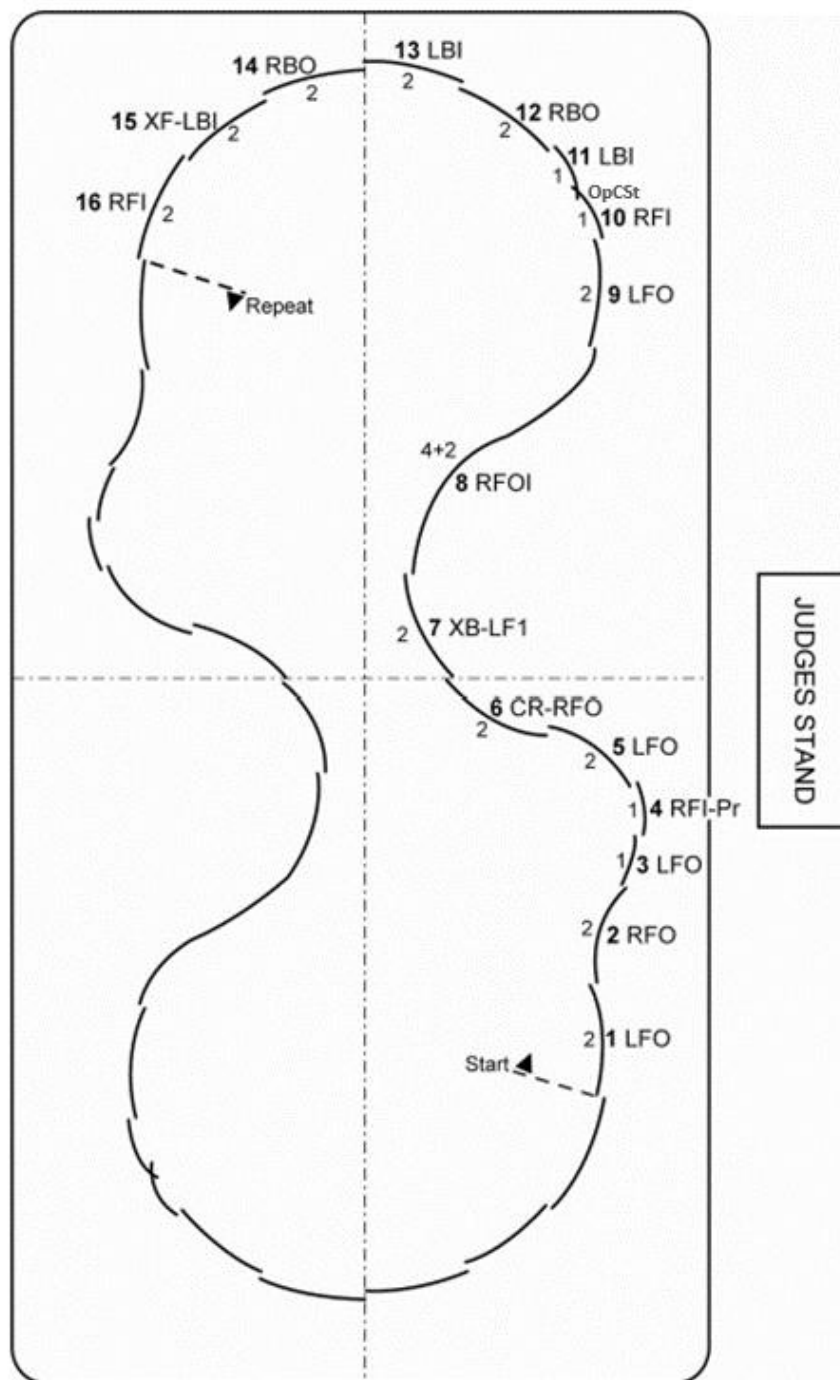
Solo Dance: Two sequences of A steps



PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Fiesta Tango								
Music	Tempo							Pattern
Tango 4/4	27 measures of 4 beats per minute 108 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
17.5 – 18.1				52.5 – 54.3				
3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
TF1, TF2, TF3	1 Section	1-16	16	2	4	8	12	14



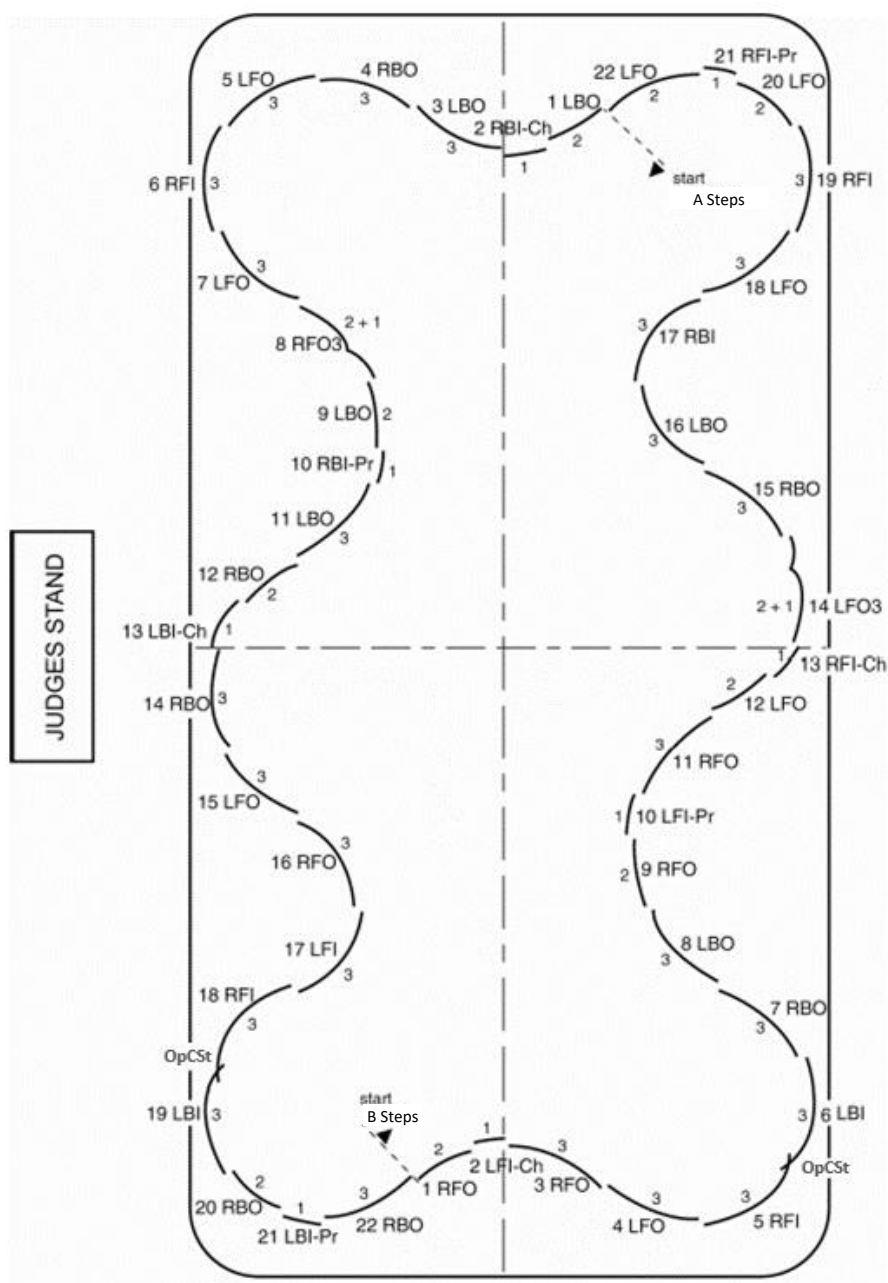
PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Willow Waltz								
Music	Tempo							Pattern
Waltz 3/4	45 measures of 3 beats per minute 135 beats per minute +/- 3 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
22.9 - 24.0				45.8 - 48.0				
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
WiW1, WiW2	1 Section	1-22	22	2	6	11	17	20

Solo Dance: One sequence of A steps, followed by one sequence of B steps.

A steps will be modified as follows: Step 20 RBO (3), Step 21/22 LFO (3).

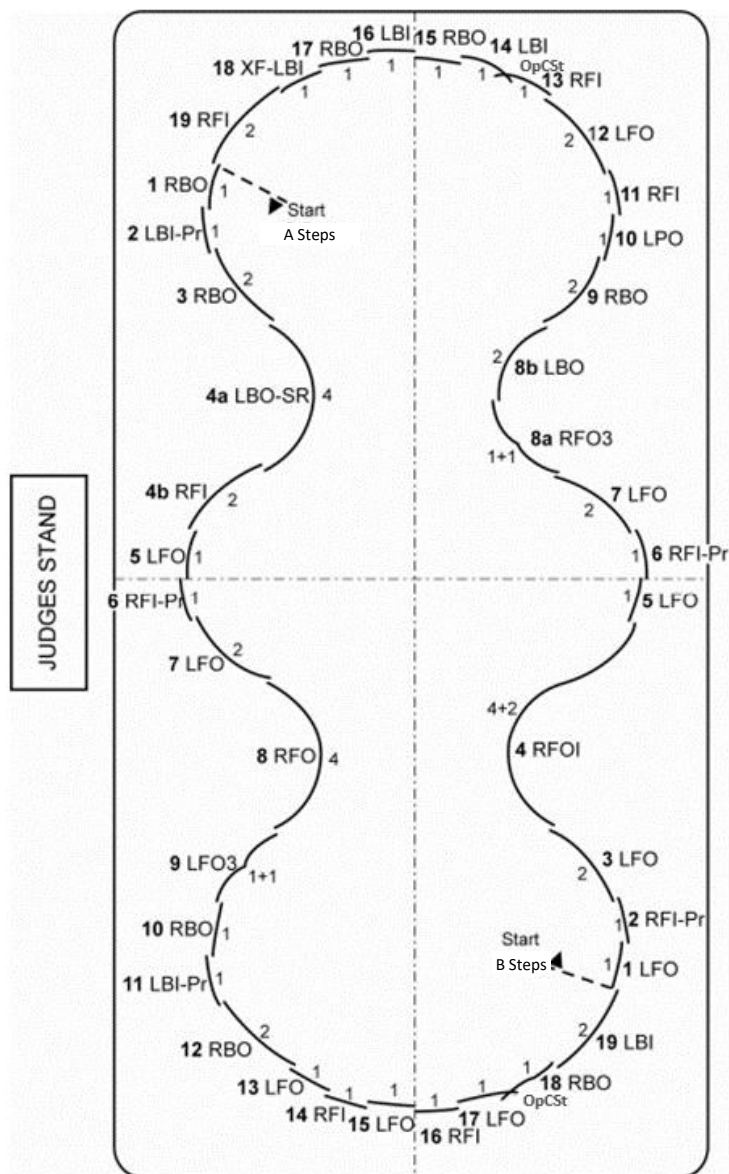


PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

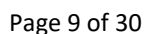
Ten-Fox									
Music	Tempo								Pattern
Foxtrot 4/4	25 measures of 4 beats per minute 100 beats per minute +/- 2 beats per minute								Set
Duration in seconds per Sequence					Duration in seconds from step #1 to last step				
18.3 – 19.1					54.9 – 57.3				
Partnered Dance: 3 Sequences / 3 GOEs		Section	Steps	# of Steps	10%	25%	50%	75%	90%
TFx1, TFx2, TFx3		1 Section	1-19	19	2	5	10	15	17
Solo Dance: 2 Sequences / 2 GOEs		Section	Steps	# of Steps	10%	25%	50%	75%	90%
TFx1, TFx2		1 Section	1-19	19	2	5	10	15	17

Solo Dance: One sequence of A steps, followed by one sequence of B steps.
B steps will be modified as follows: Step 1-2 RFI (2).





Solo Dance: One sequence of A steps, followed by one sequence of B steps.
A steps will be modified as follows: Step 17a LFO (2), 17b RFI-Ch (1), 18 LFO (3).



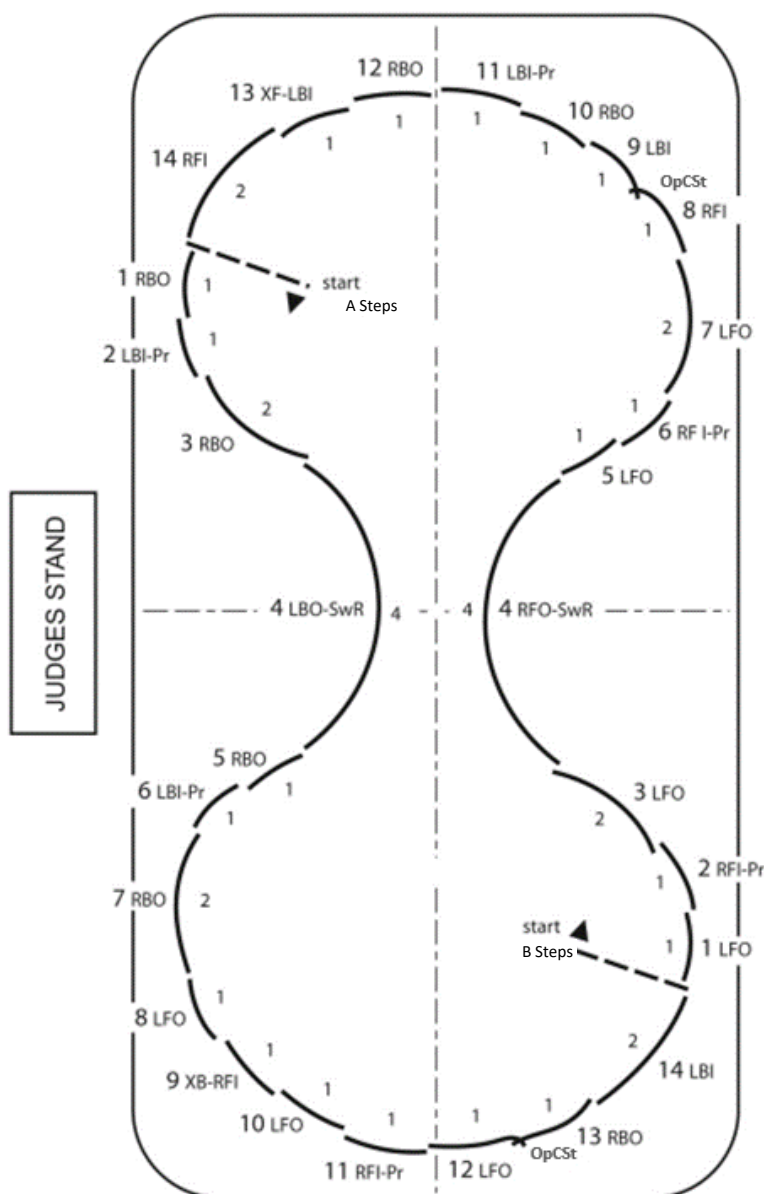
PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Fourteenstep								
Music	Tempo							Pattern
March 6/8 or March 2/4	56 measures of 2 beats per minute 112 beats per minute +/- 2 beats per minute 28 measures of 4 beats per minute 112 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
10.5 – 10.9				40.0 – 43.6				
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
FO1, FO2, FO3, FO4	1 Section	1-14	14	1	4	7	11	13

Solo Dance: Two sequences of A steps, followed by two sequences of B steps.

The A steps of the second sequence will be modified as follows: Step 14a XF-LBI (1), 14b RFI (1).

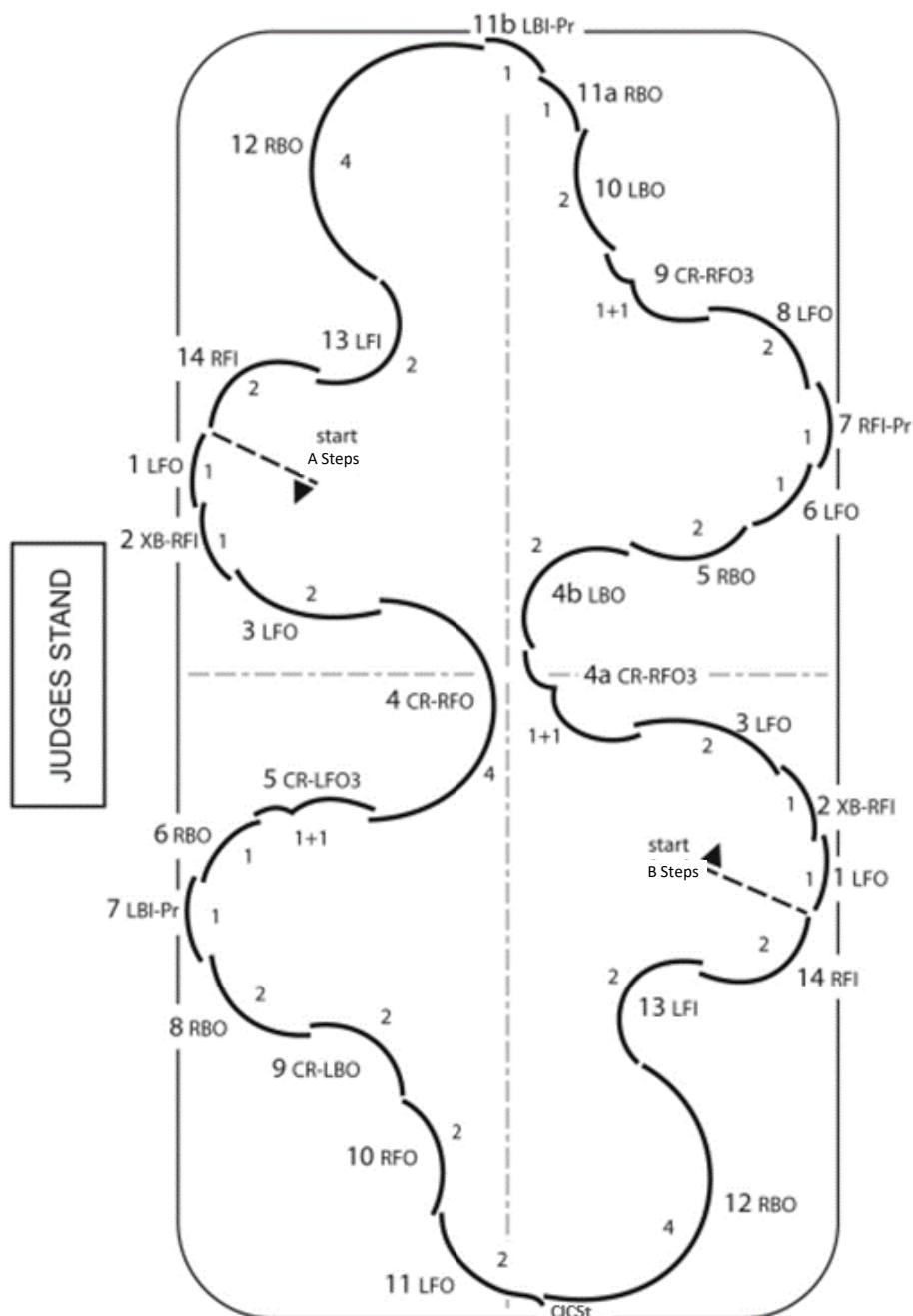


PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Foxtrot								
Music	Tempo							Pattern
Foxtrot 4/4	25 measures of 4 beats per minute 100 beats per minute +/- 2 beats per minute							Optional
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
16.5 – 17.1				66.8 – 68.4				
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
FT1, FT2, FT3, FT4	1 Section	1-14	14	1	4	7	11	13

Solo Dance: Two sequences of A steps, followed by two sequences of B steps.



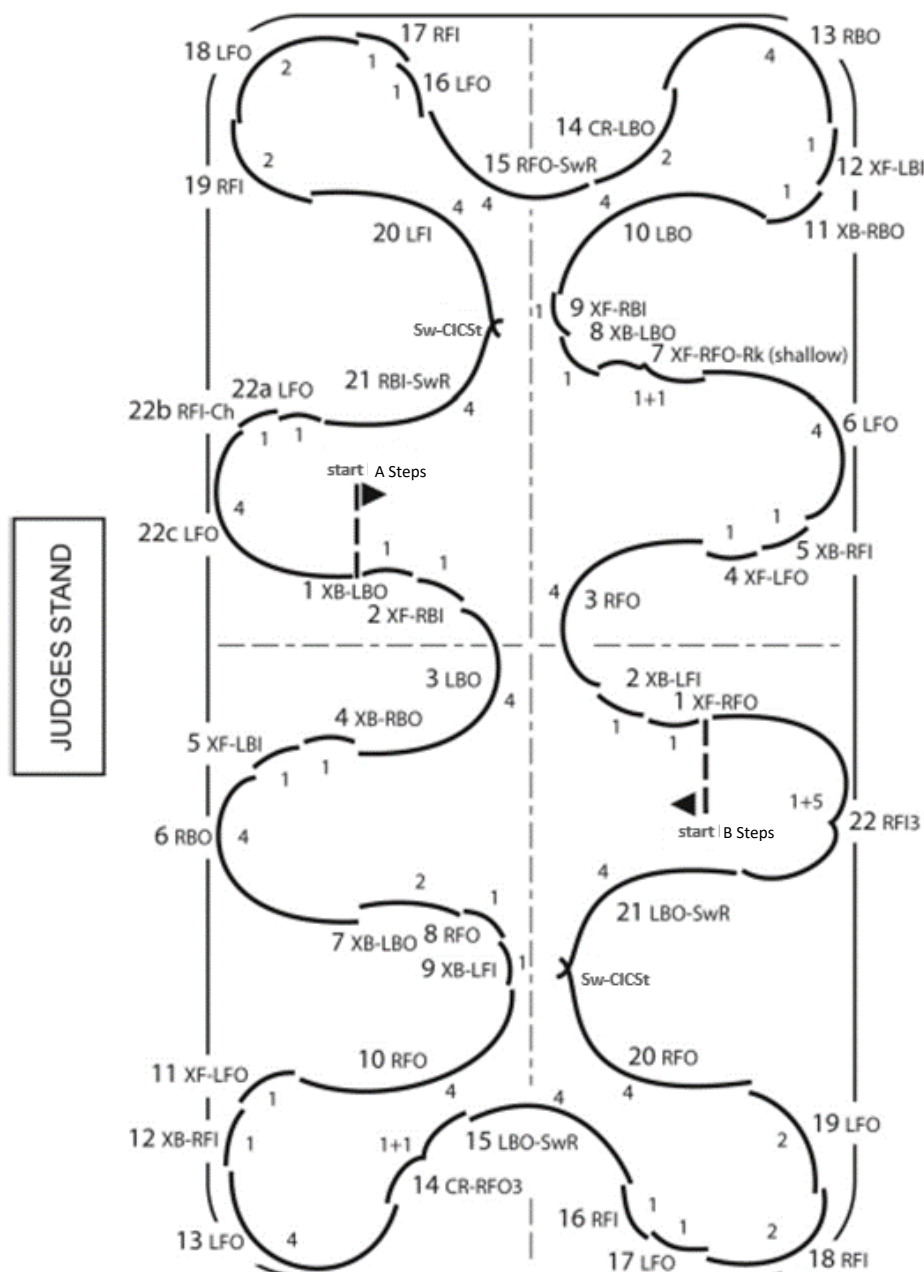
PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Tango								
Music	Tempo							Pattern
Tango 4/4	27 measures of 4 beats per minute 108 beats per minute +/- 2 beats per minute							Optional
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
28.4 – 29.4				56.8 – 58.8				
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
TA1, TA2	1 Section	1-22	22	2	6	11	17	20

Solo Dance: One sequence of A steps, followed by one sequence of B steps.

A steps will be modified as follows: Step 22a RFI3 (1+1), 22b LFO (4).

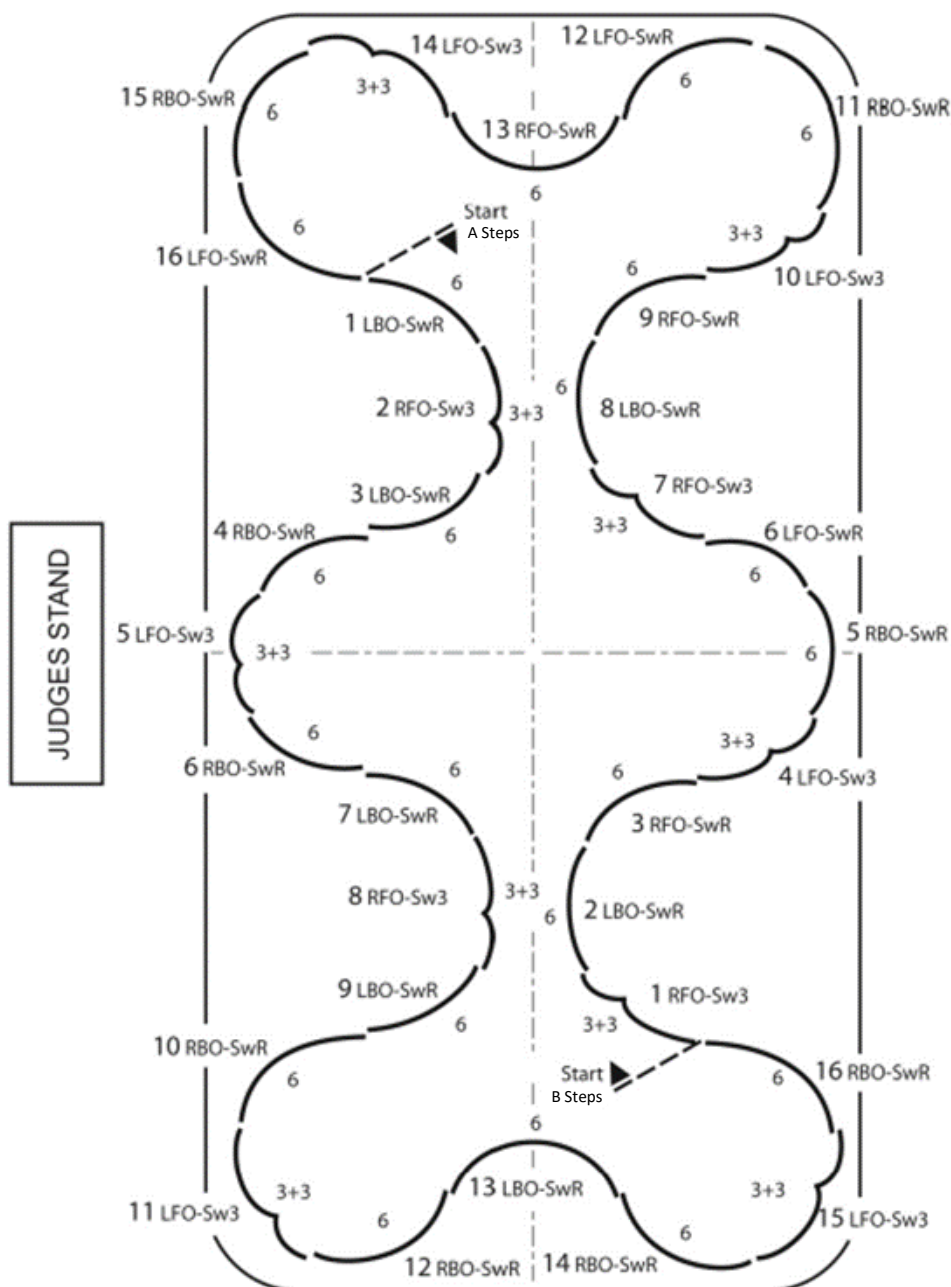


PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

American Waltz								
Music	Tempo							Pattern
Waltz ¾	66 measures of 3 beats per minute 198 beats per minute +/- 3 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
28.8 – 29.4				57.6 – 58.8				
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
AW1, AW2	1 Section	1-16	16	2	4	8	12	14

Solo Dance: One sequence of A steps, followed by one sequence of B steps.
A steps will be modified as follows: Step 15a LFO (3), 15b RFI-SlCh (3), LFO-SwR (6).

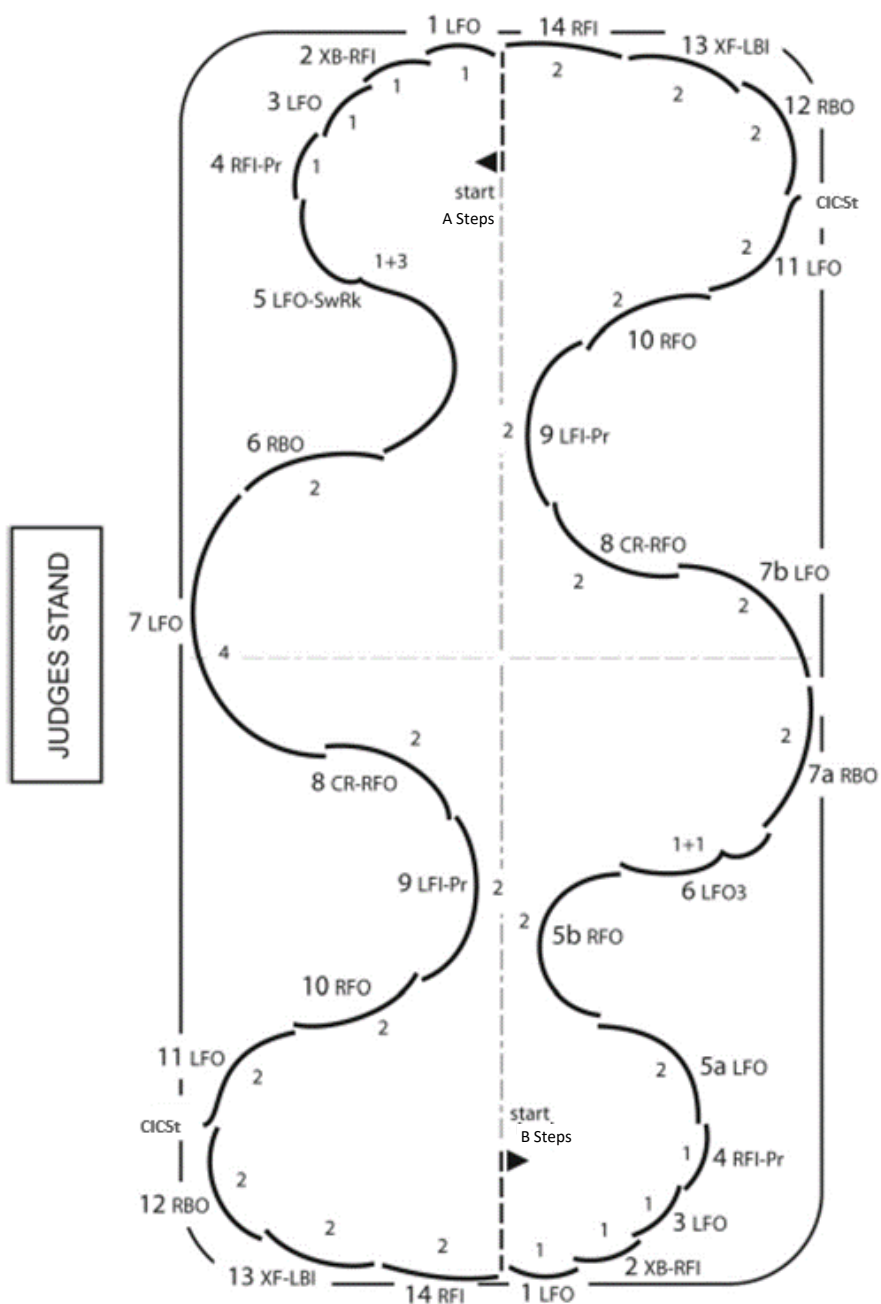


PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Rocker Foxtrot								
Music	Tempo							Pattern
Foxtrot 4/4	26 measures of 4 beats per minute 104 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
15.8 – 16.5				63.2 – 66.0				
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
RF1, RF2, RF3, RF4	1 Section	1-14	14	1	4	7	11	13

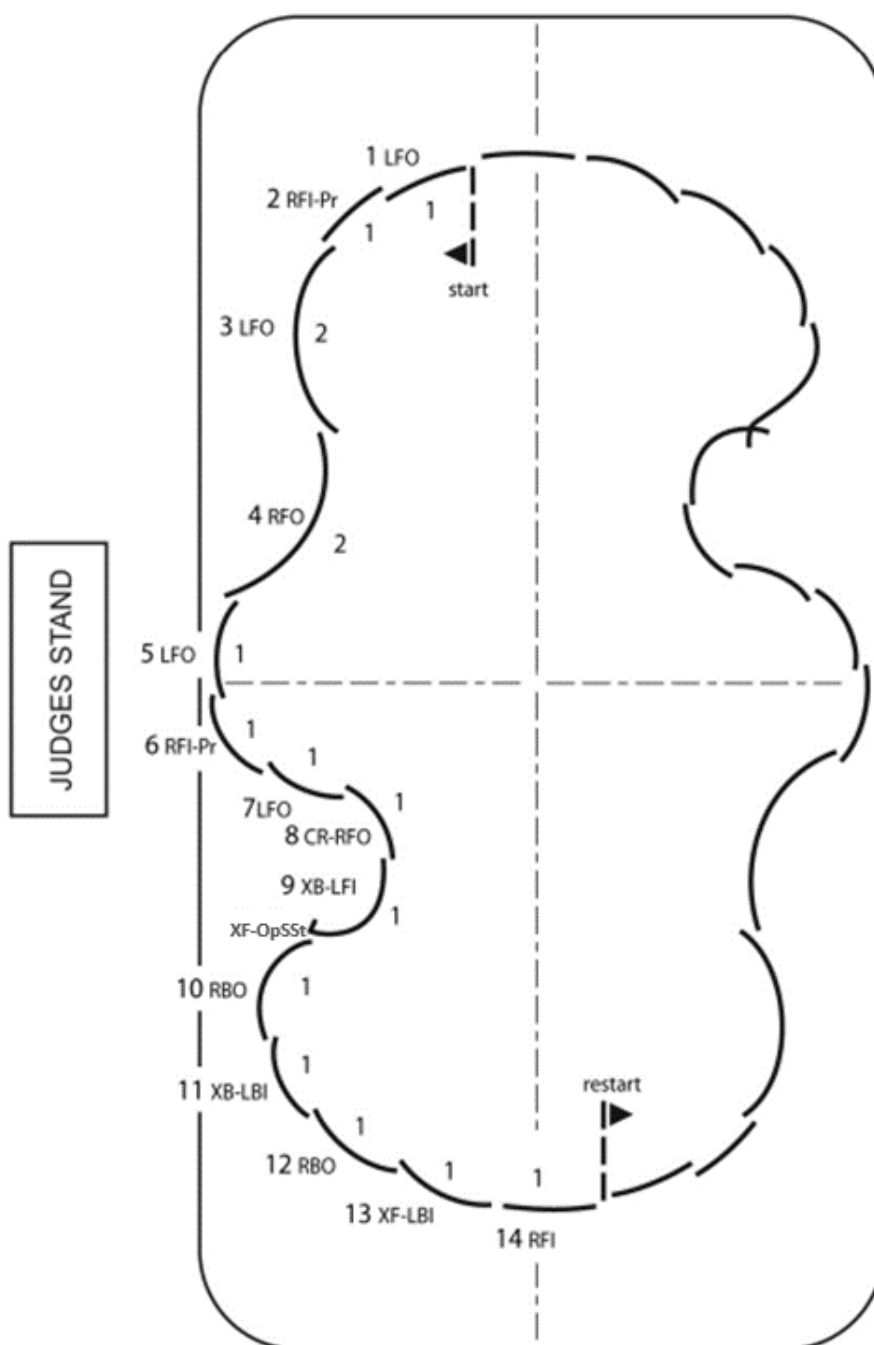
Solo Dance: One sequence of A steps, followed by one sequence of B steps.



PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Kilian								
Music	Tempo							Pattern
March 2/4 or March 4/4	58 measures of 2 beats per minute 116 beats per minute +/- 2 beats per minute 29 measures of 4 beats per minute 116 beats per minute +/- 2 beats per minute							Optional
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
8.1 – 8.5				32.4 – 34.0				
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
KI1, KI2, KI3, KI4	1 Section	1-14	14	1	4	7	11	13



PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

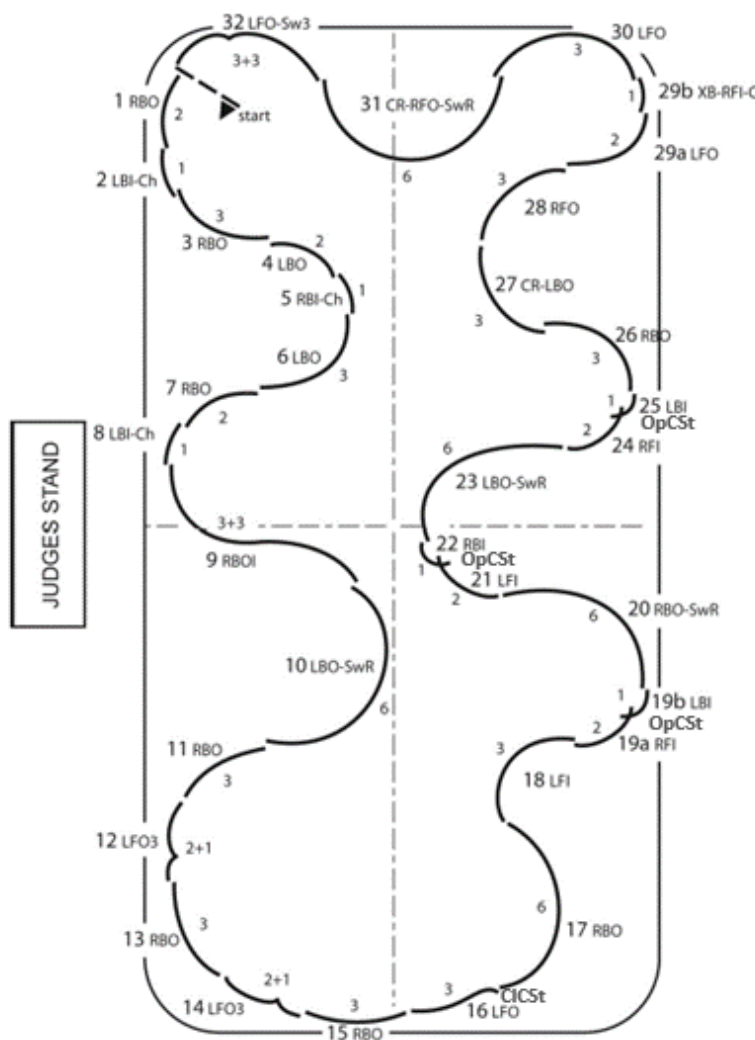
Starlight Waltz

Music	Tempo	Pattern
Waltz ¾	58 measures of 3 beats per minute 174 beats per minute +/- 3 beats per minute	Set
Duration in seconds per Sequence		Duration in seconds from step #1 to last step
34.8 – 35.6		69.6 – 71.2

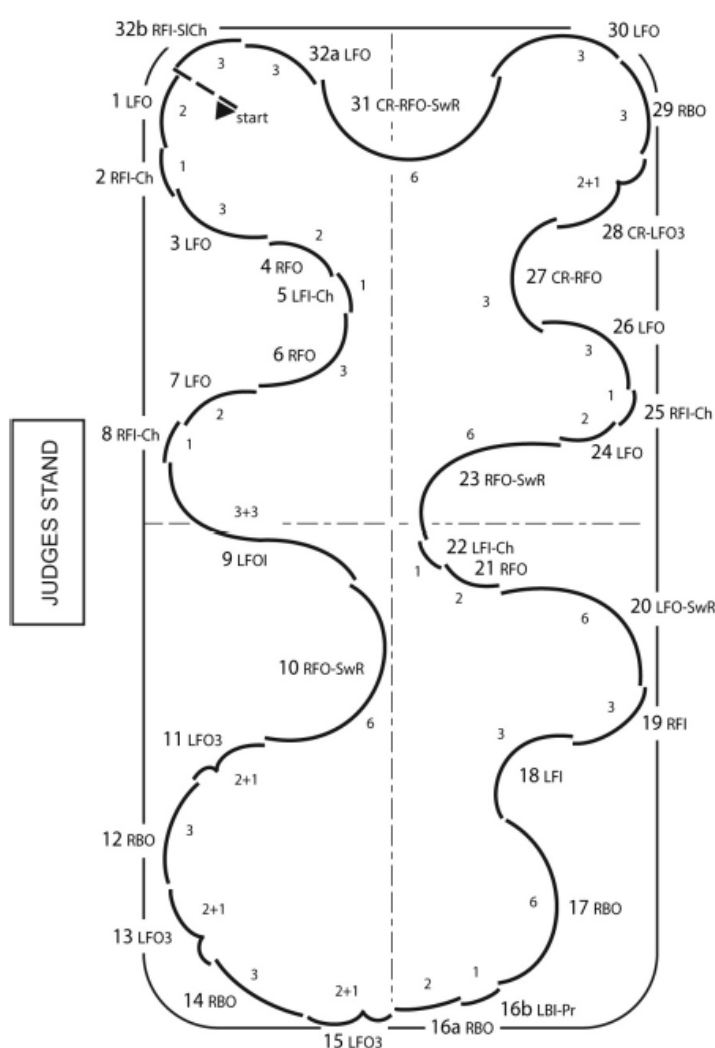
2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
SW1Sq1, SW1Sq2	1 st Section	1-17	17	2	4	9	13	15
SW2Sq1, SW2Sq2	2 nd Section	18-32	15	2	4	8	11	14
Novice Solo Ice Dance (Key Points)								
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
SW1Sq1, SW1Sq2	1 Section	1-32	32	3	8	16	24	29

Solo Dance: One sequence of A steps, followed by one sequence of B steps.
A steps will be modified as follows: Step 32a LFO (3), 32b RFI-SlCh (3).

A STEPS



B STEPS



PATTERN DANCES

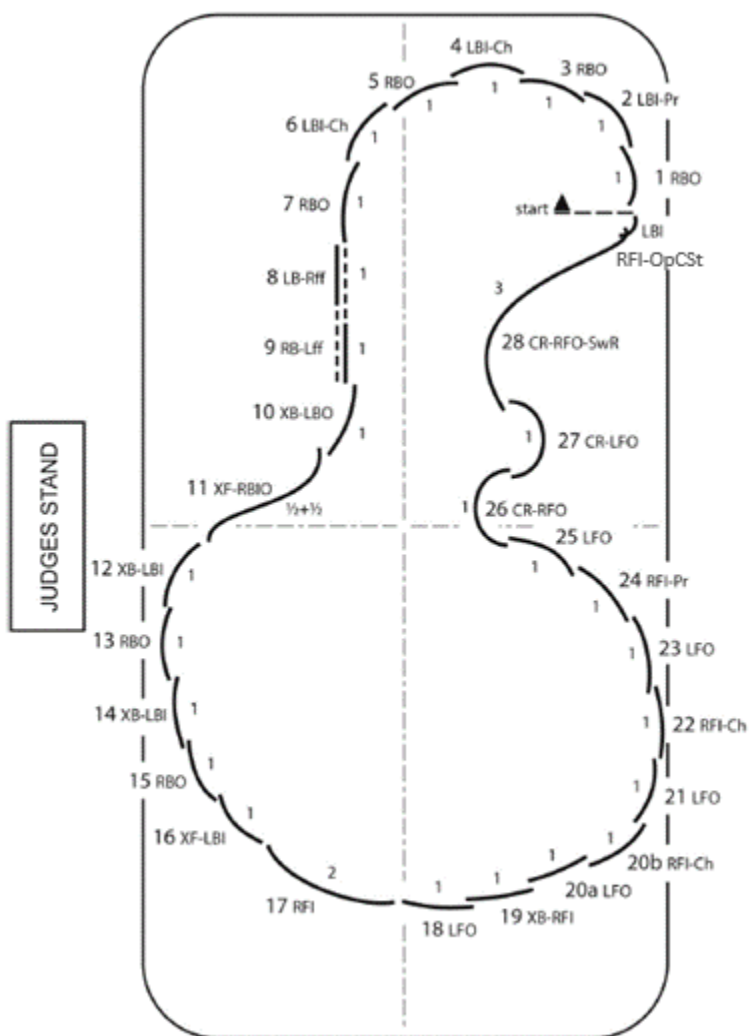
COMPETITION TECHNICAL REQUIREMENTS

Paso Doble		
Music	Tempo	Pattern
Paso Doble 2/4	56 measures of 2 beats per minute 112 beats per minute +/- 2 beats per minute	Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step
16.8 – 17.5		50.4 – 52.5

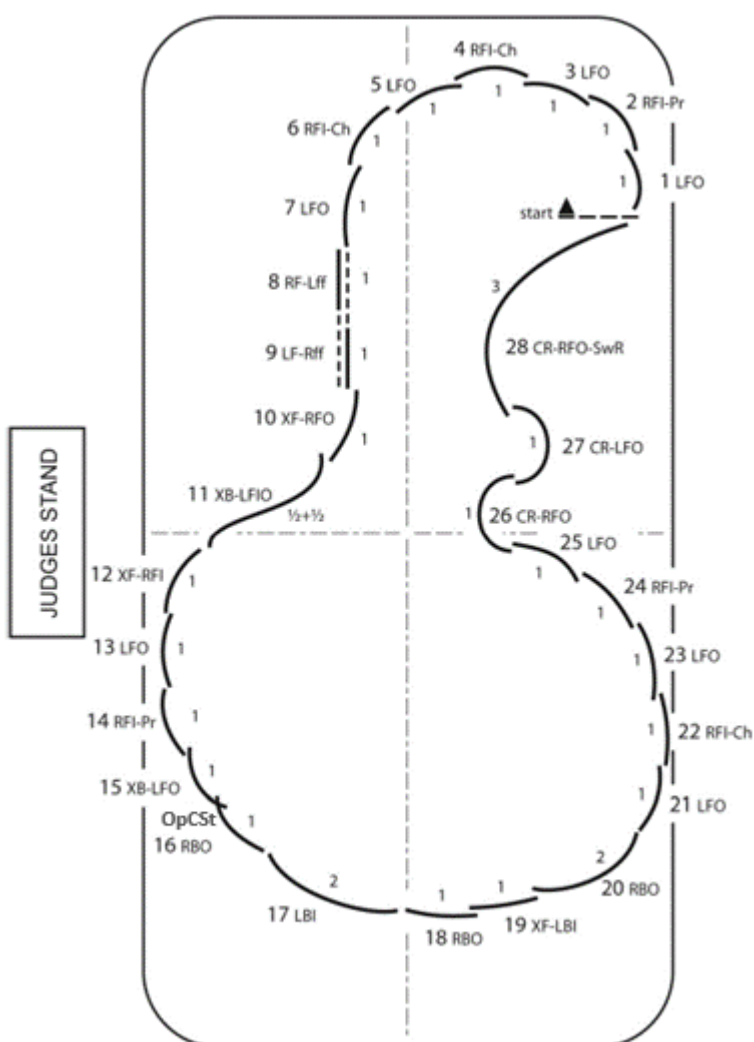
Partnered Dance: 3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
PD1, PD2, PD3	1 Section	1-28	28	3	7	14	21	25
Solo Dance: 2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
PD1, PD2	1 Section	1-28	28	3	7	14	21	25

Solo Dance: One sequence of A steps, followed by one sequence of B steps.
B steps will be modified as follows: Step 1-2 RBO (2).

A STEPS



B STEPS



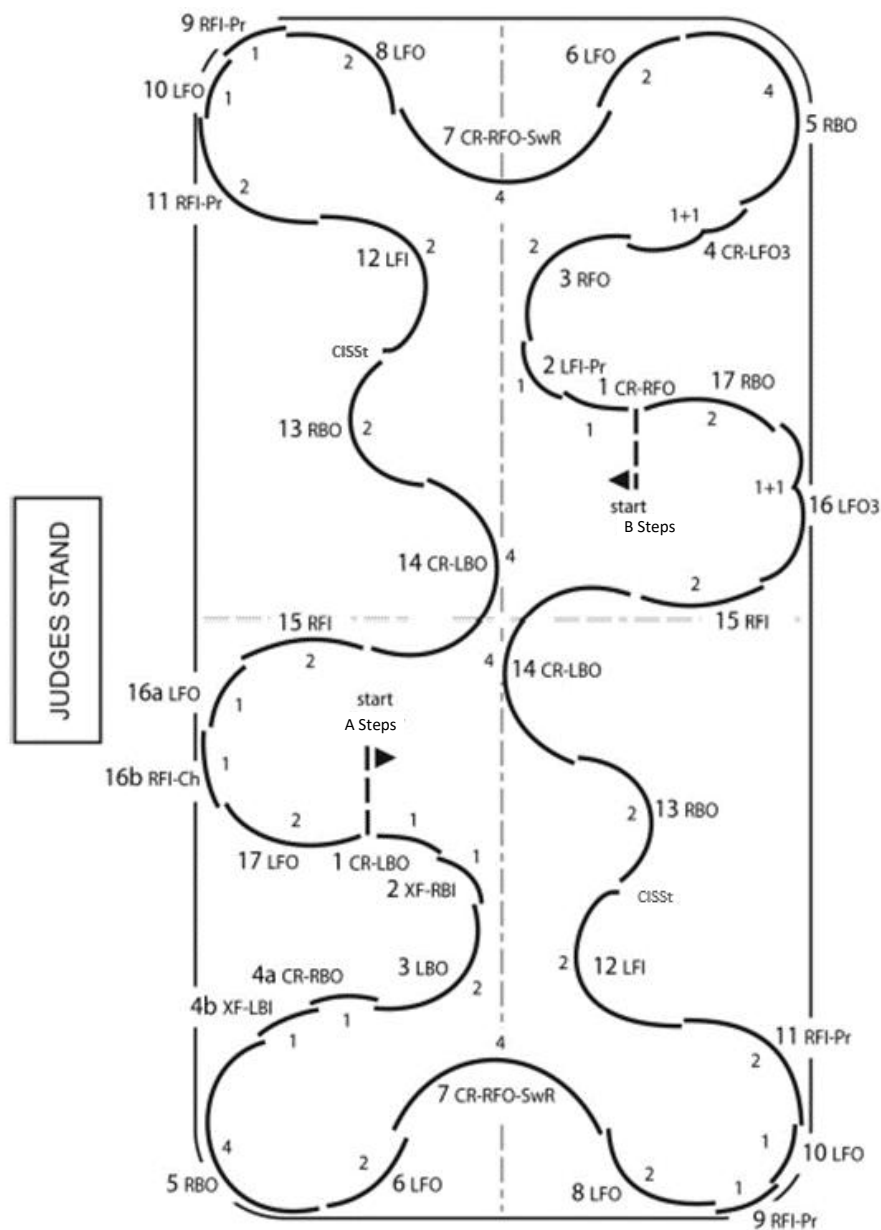
PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Blues			
Music	Tempo		Pattern
Blues 4/4	22 measures of 4 beats per minute 88 beats per minute +/- 2 beats per minute		Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
24.0 – 25.2		72.0 – 75.6	

Partnered Dance: 3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
BL1, BL2, BL3	1 Section	1-17	17	2	4	9	13	15
Solo Dance: 2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
BL1, BL2	1 Section	1-17	17	2	4	9	13	15

Solo Dance: One sequence of A steps, followed by one sequence of B steps.
A steps will be modified as follows: Step 16a LFO (1), 16b RFI-Ch, 17 LFO (2).



PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

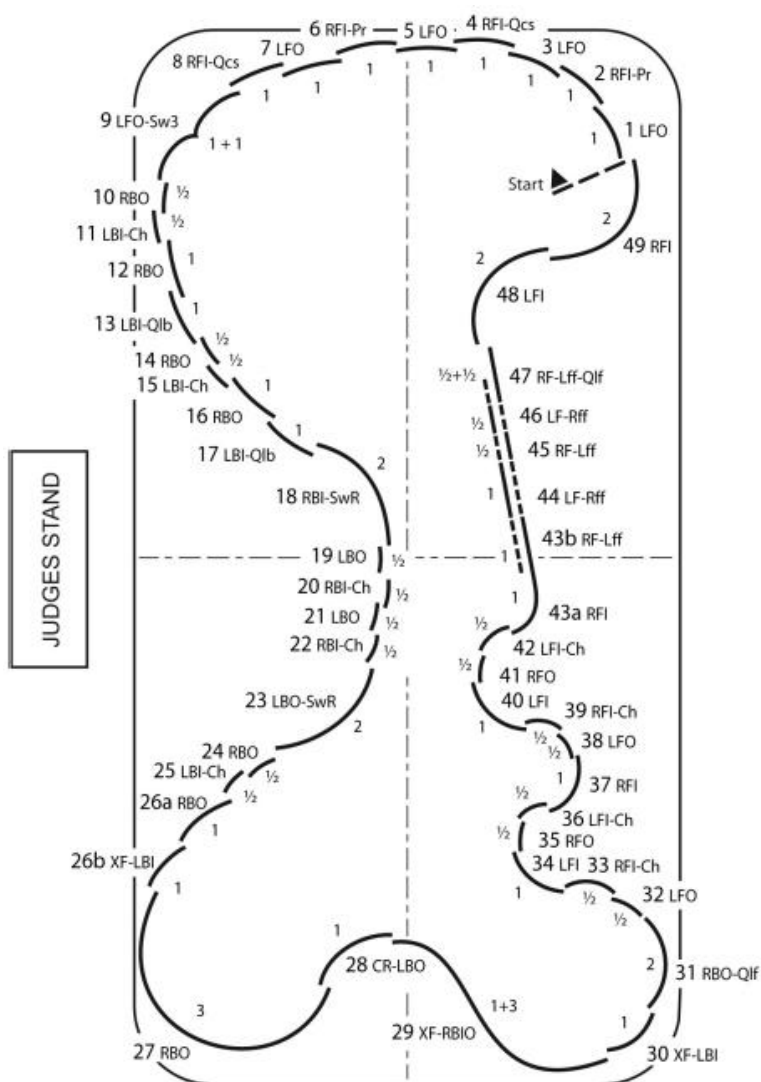
Silver Samba

Music	Tempo	Pattern
Samba 2/4	54 measures of 2 beats per minute 108 beats per minute +/- 2 beats per minute	Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step
28.4 - 29.4		56.8 - 58.8

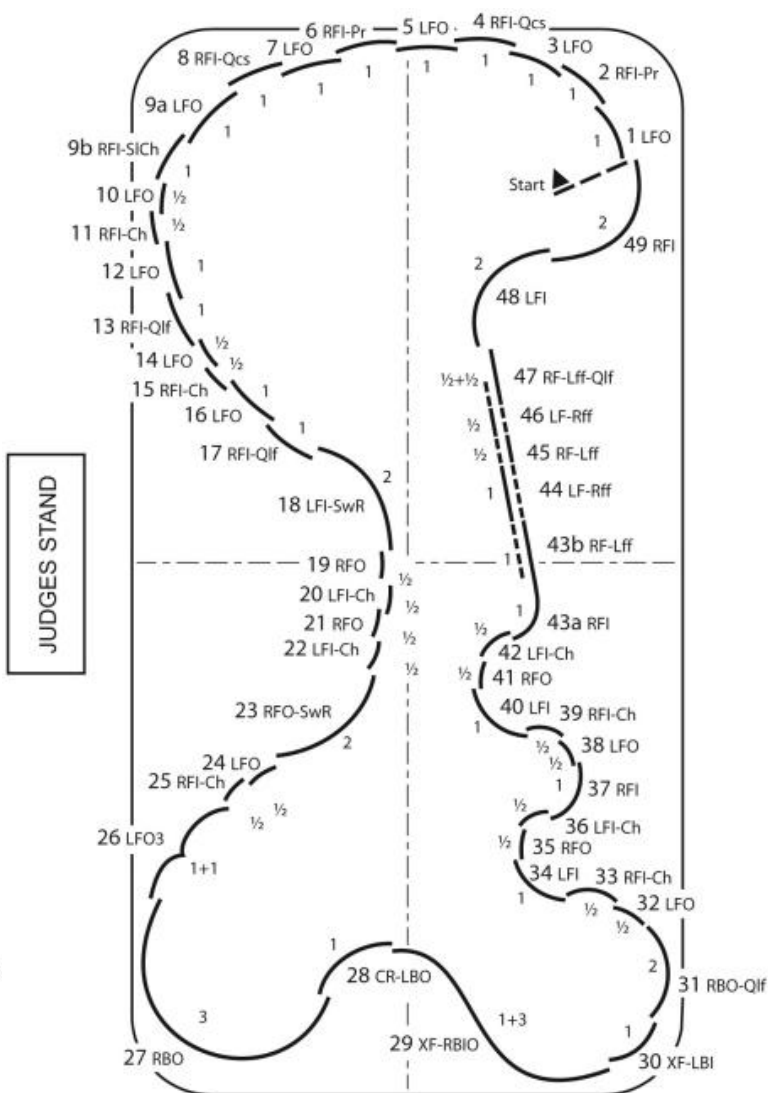
2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
SS1Sq1, SS1Sq2	1 st Section	1-27	28	3	7	14	21	25
SS2Sq1, SS2Sq2	2 nd Section	28-49	23	2	6	12	17	21

Solo Dance: One sequence of A steps, followed by one sequence of B steps.

A STEPS



B STEPS

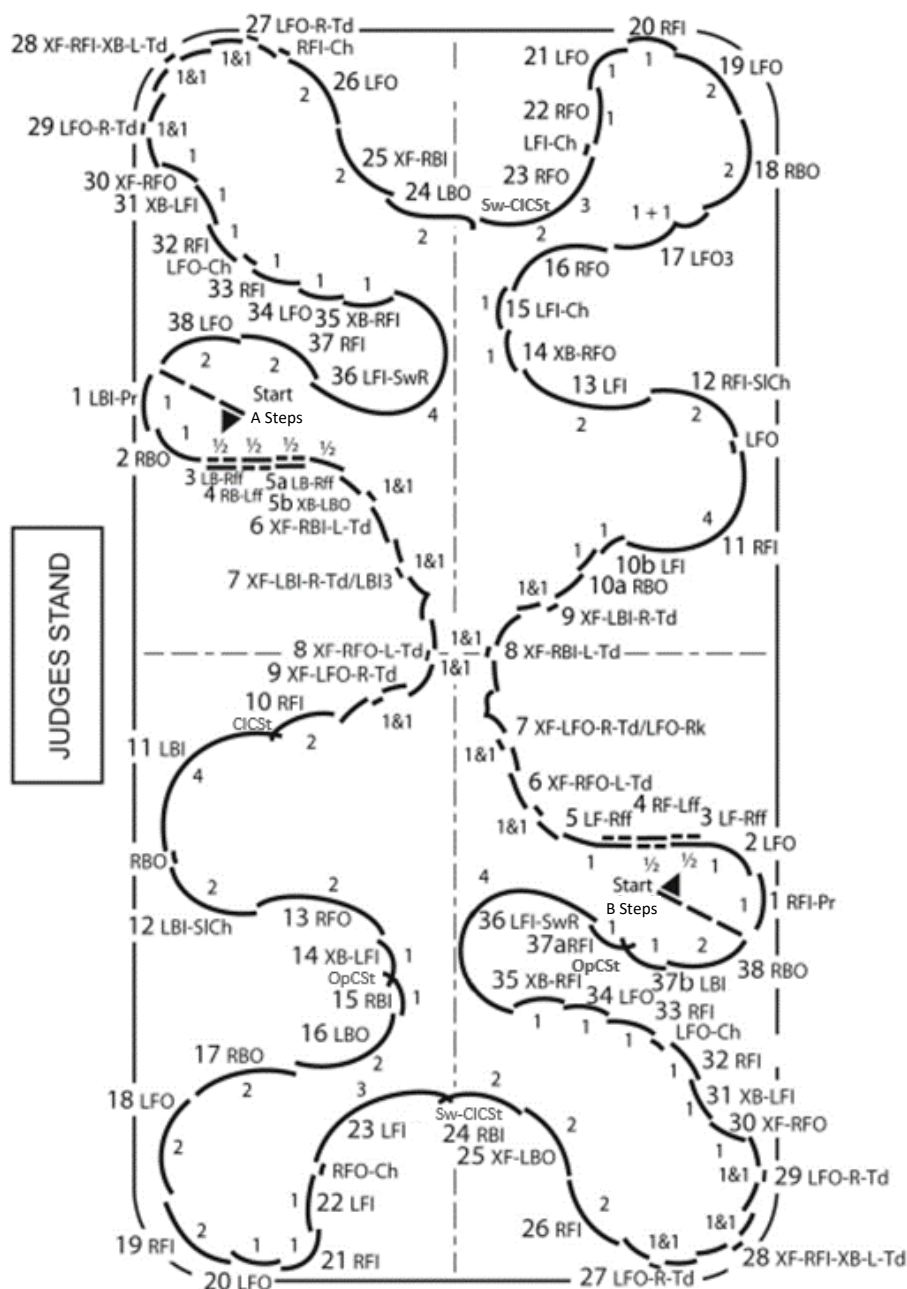


PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Cha Cha Congelado								
Music	Tempo							Pattern
Cha Cha 4/4	29 measures of 4 beats per minute 116 beats per minute +/- 2 beats per minute							Optional
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
21.3 – 22.3				63.9 – 67.0				
2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
CC1, CC2	1 Section	1-38	38	4	10	19	29	34

Solo Dance: One sequence of A steps, followed by one sequence of B steps.



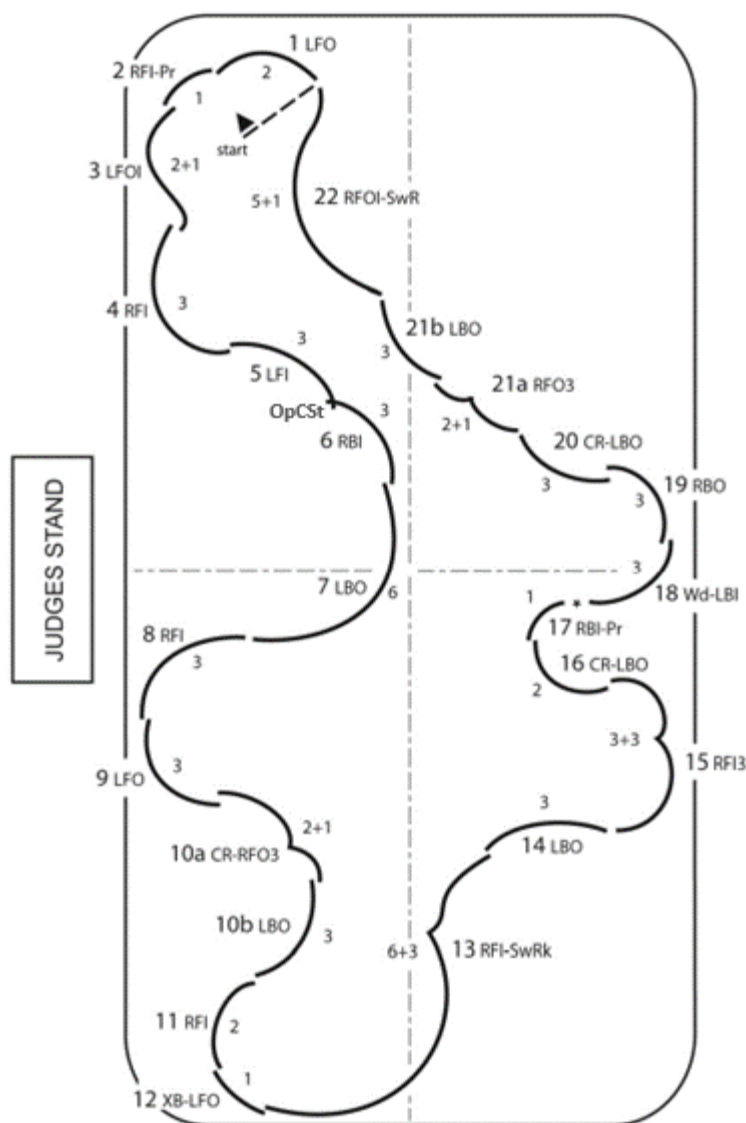
PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

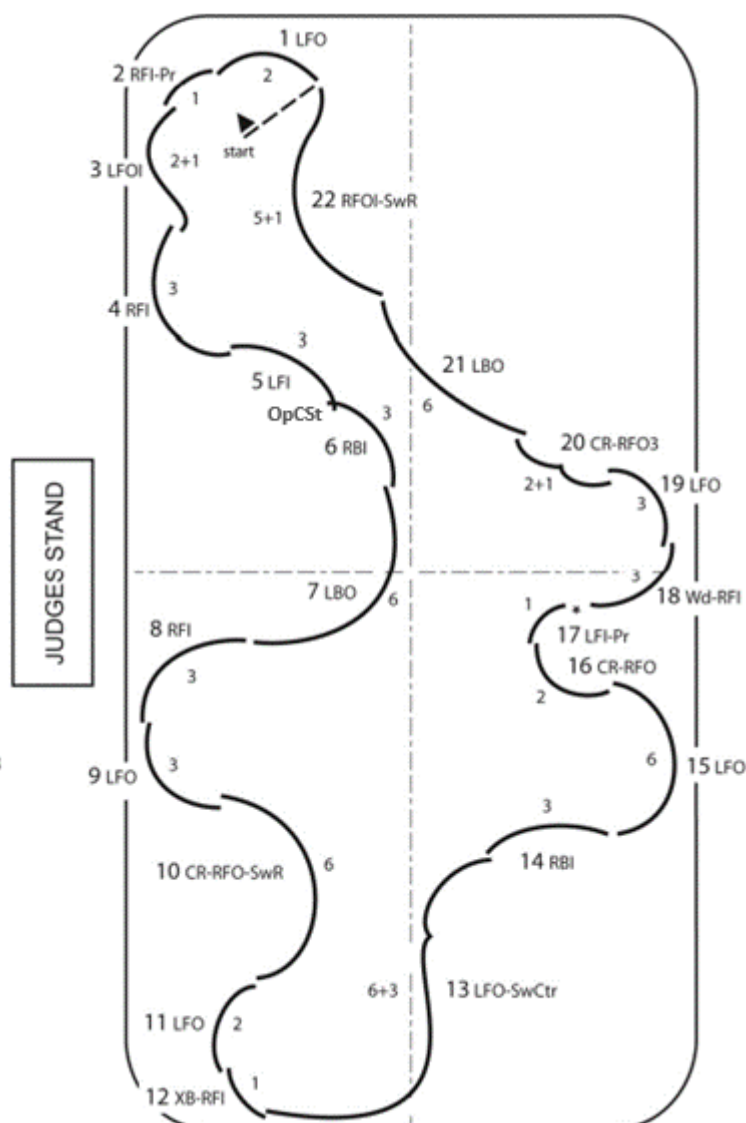
Westminster Waltz								
Music	Tempo							Pattern
Waltz ¾	54 measures of 3 beats per minute 162 beats per minute +/- 3 beats per minute							Optional
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
28.4 – 29.5				56.8 – 59.0				
2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
WW1Sq1, WW1Sq2	1 st Section	1-10	11	1	3	5	8	9
WW2Sq1, WW2Sq2	2 nd Section	11-22	12	1	3	6	9	11

Solo Dance: One sequence of A steps, followed by one sequence of B steps.

A STEPS



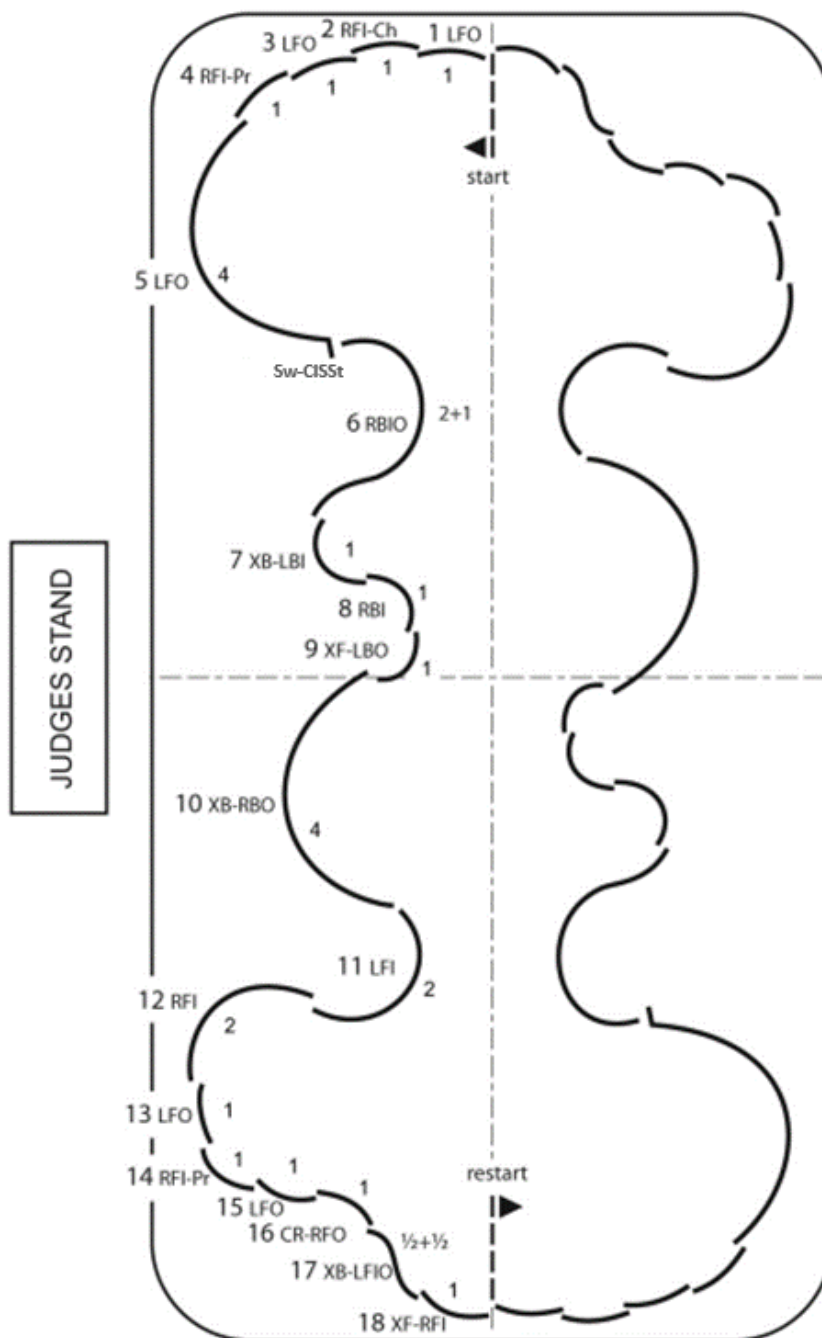
B STEPS



PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Quickstep								
Music	Tempo							Pattern
Quickstep 2/4	56 measures of 2 beats per minute 112 beats per minute +/- 2 beats per minute							Set
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
14.7 – 15.3				58.8 – 61.2				
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
QS1, QS2, QS3, QS4	1 Section	1-18	18	2	5	9	14	16



PATTERN DANCES

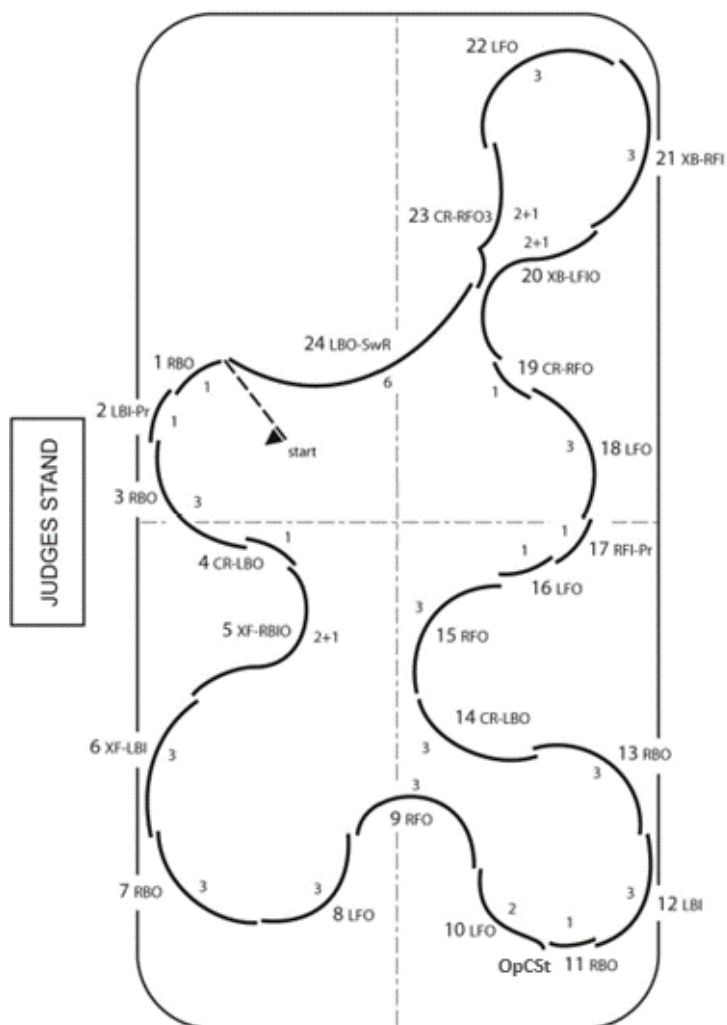
COMPETITION TECHNICAL REQUIREMENTS

Viennese Waltz			
Music	Tempo		Pattern
Waltz ¾	52 measures of 3 beats per minute 156 beats per minute +/- 3 beats per minute		Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
22.8 – 23.4		68.4 – 70.2	

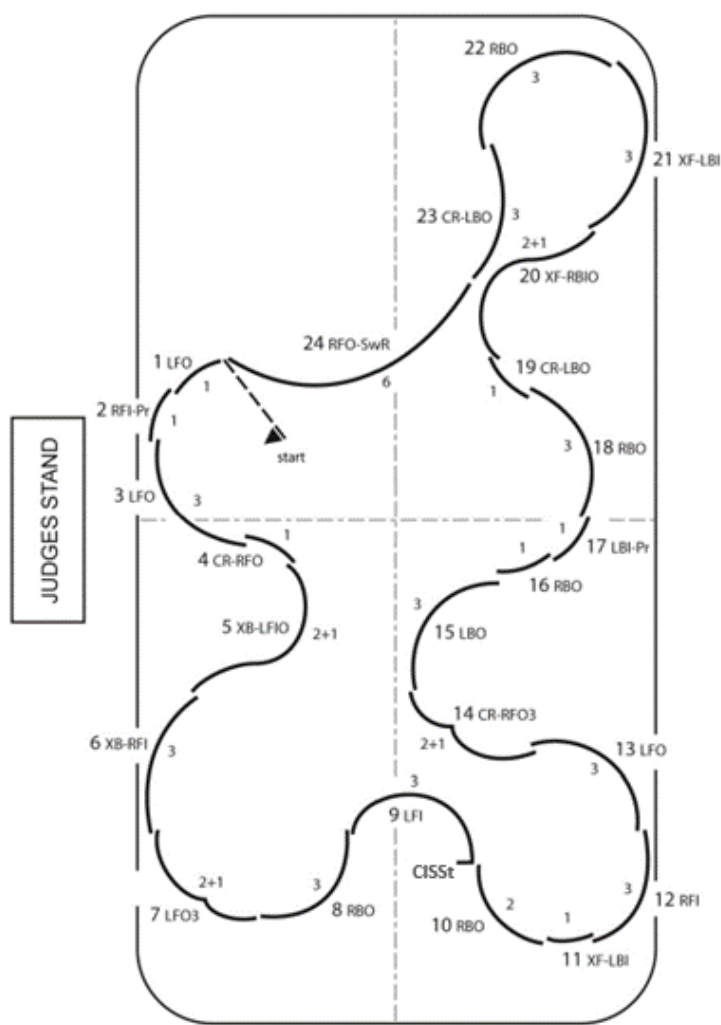
Partnered Dance: 3 Sequences / 3 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
VW1, VW2, VW3	1 Section	1-24	24	3	6	12	18	22
Solo Dance: 2 Sequences / 2 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
VW1, VW2	1 Section	1-24	24	3	6	12	18	22

Solo Dance: One sequence of A steps, followed by one sequence of B steps.
A steps will be modified as follows: Step 23 CR-LBO3 (2+1), Step 24a LBO (3), 24b RFO (3).

A STEPS



B STEPS



PATTERN DANCES

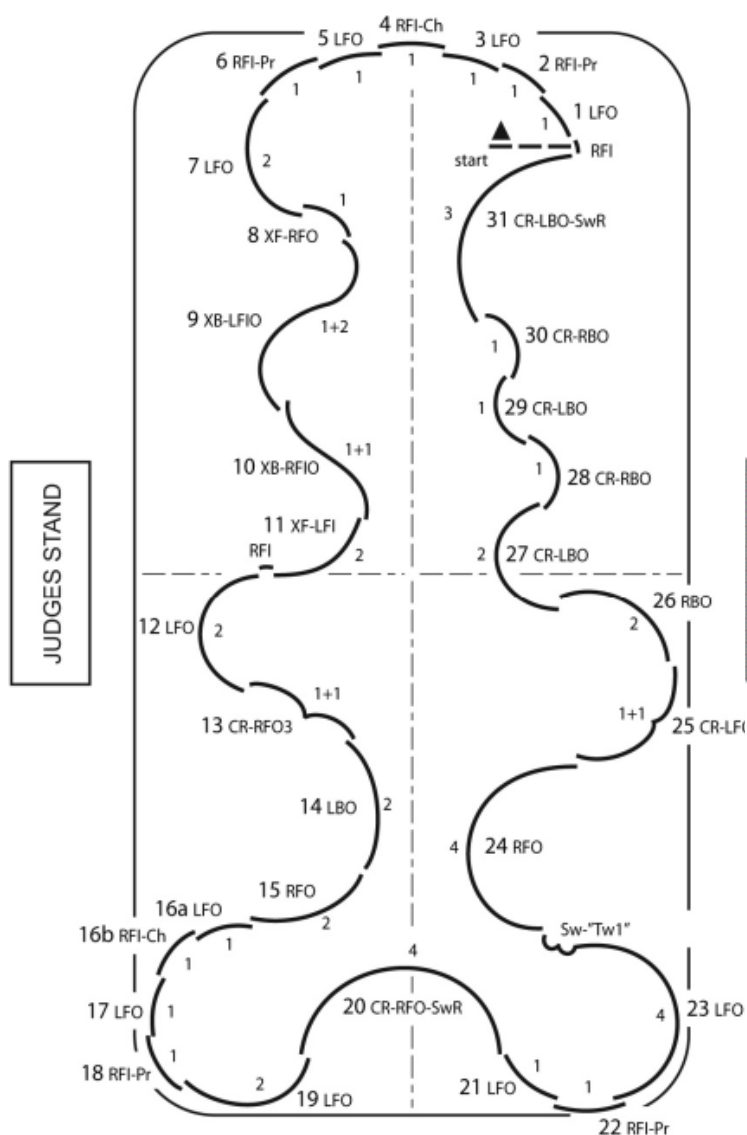
COMPETITION TECHNICAL REQUIREMENTS

Argentine Tango			
Music	Tempo		Pattern
Tango 4/4	24 measures of 4 beats per minute 96 beats per minute +/- 2 beats per minute		Set
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
34.2 – 35.8		68.4 – 71.6	

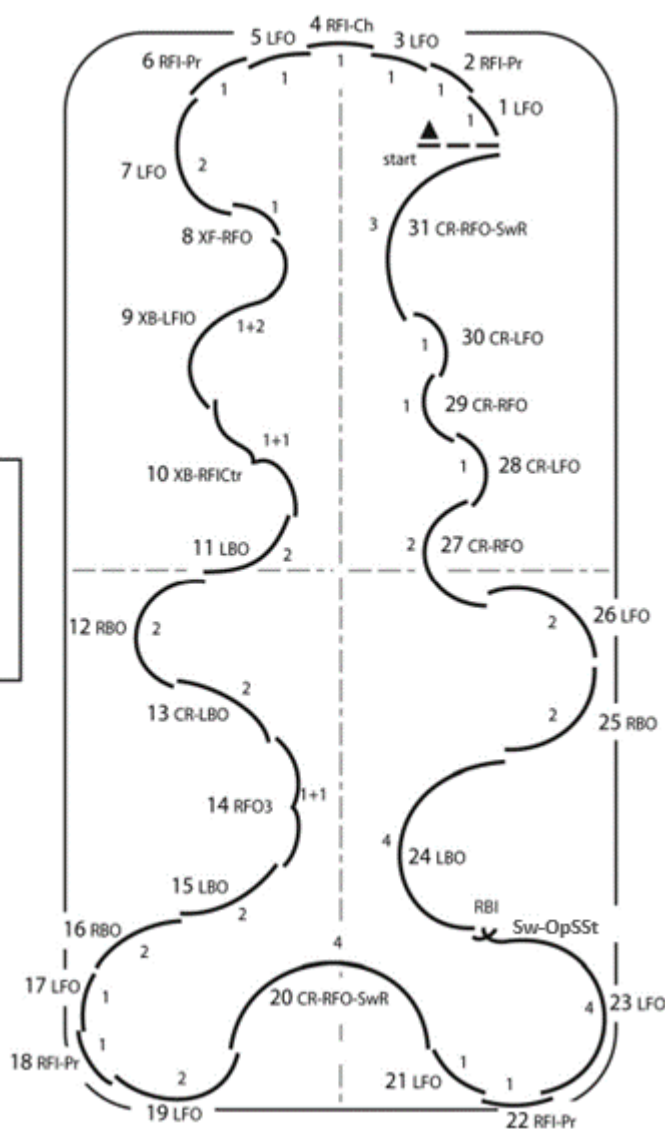
2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
AT1Sq1, AT1Sq2	1 st Section	1-18	18	2	4	9	13	16
AT2Sq1, AT2Sq2	2 nd Section	19-31	13	1	3	7	10	12

Solo Dance: One sequence of A steps, followed by one sequence of B steps.

A STEPS



B STEPS



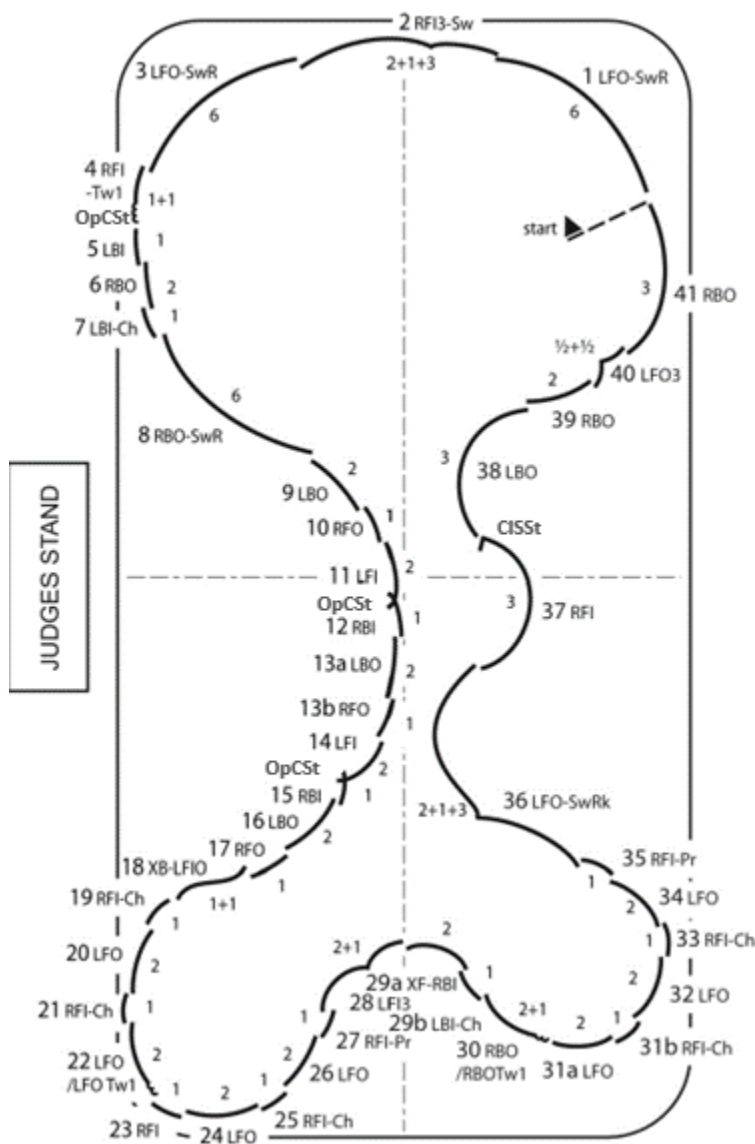
PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

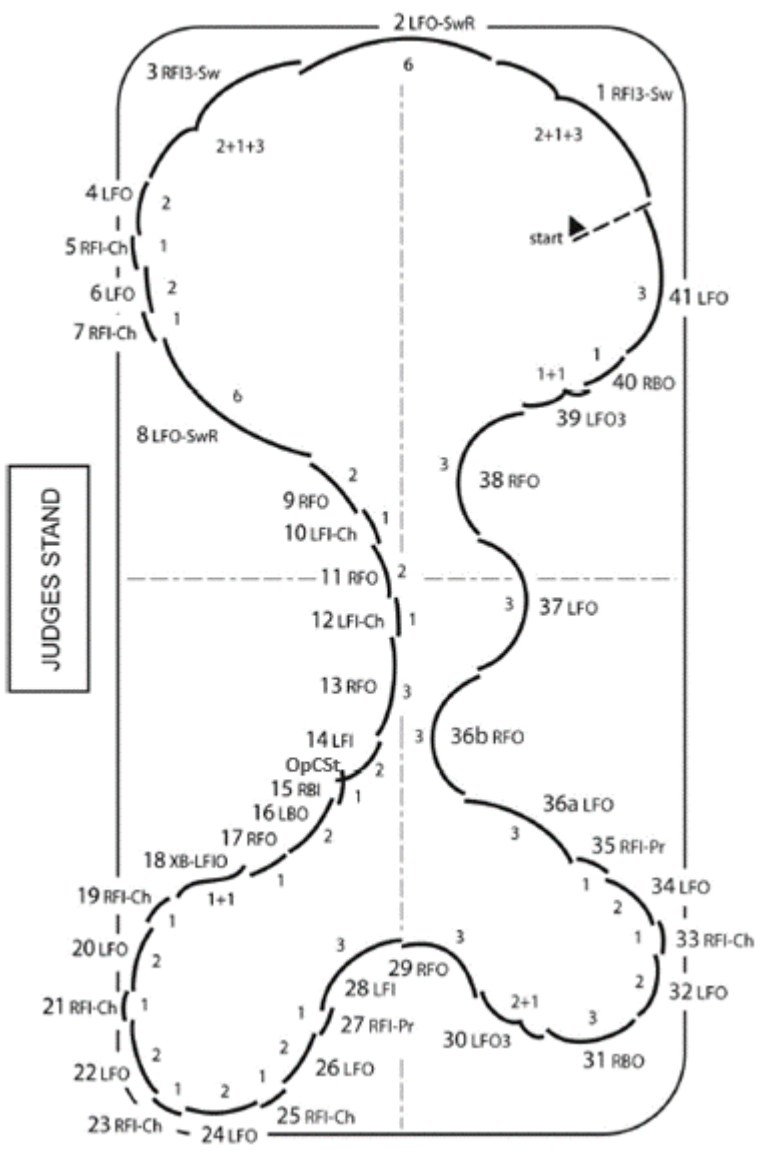
Ravensburger Waltz			
Music	Tempo		Pattern
Waltz ¾	66 measures of 3 beats per minute 198 beats per minute +/- 3 beats per minute		Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
28.7 – 29.5		57.4 – 59.0	

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
RW1Sq1, RW1Sq2	1 st Section	1-19	20	2	5	10	15	18
RW2Sq1, RW2Sq2	2 nd Section	20-41	24	3	6	12	18	22

A STEPS



B STEPS



PATTERN DANCES

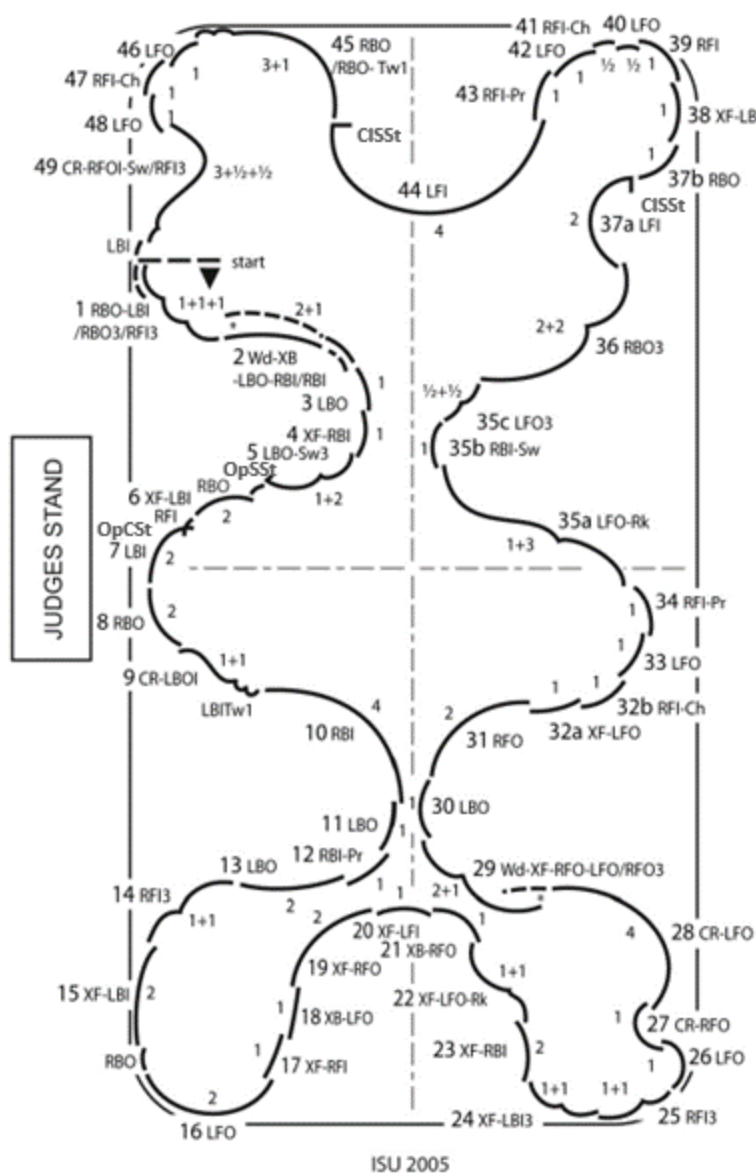
COMPETITION TECHNICAL REQUIREMENTS

Tango Romantica

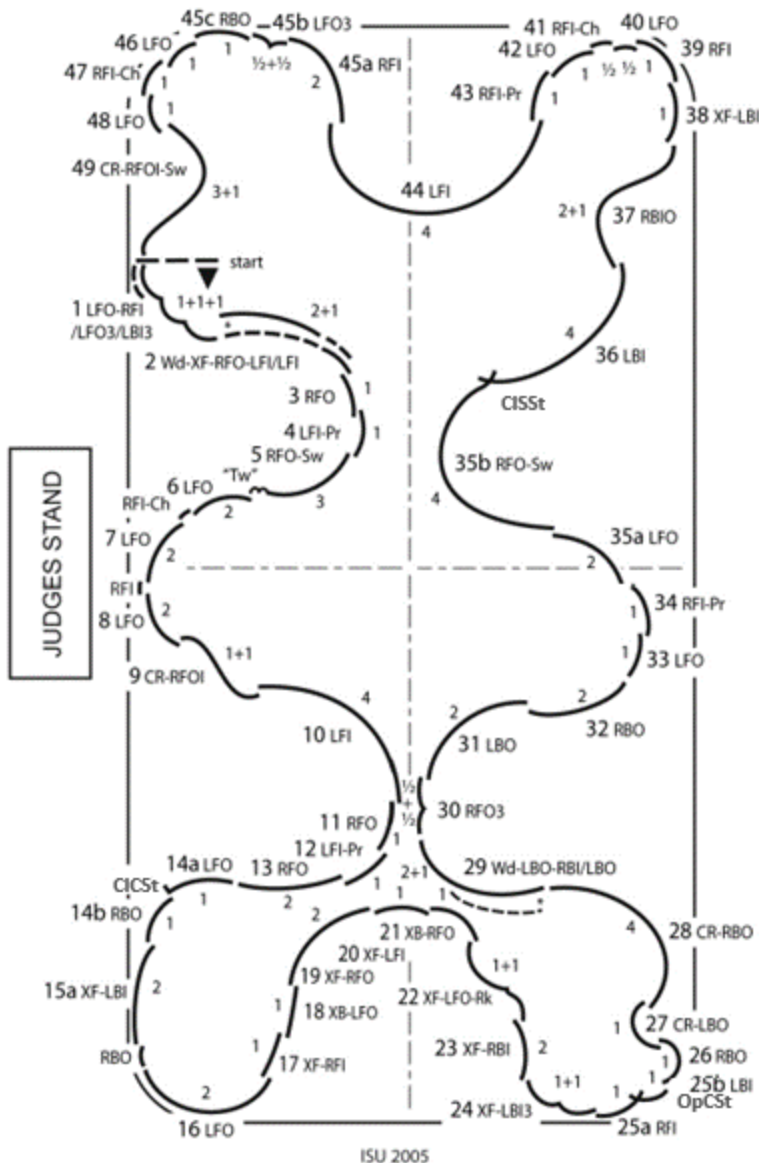
Music	Tempo	Pattern
Tango 4/4	28 measures of 4 beats per minute 112 beats per minute +/- 2 beats per minute	Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step
50.63 – 52.36		101.04 – 104.72

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
TR1Sq1, TR1Sq2	1 st Section	1-27	28	3	7	14	21	25
TR2Sq1, TR2Sq2	2 nd Section	28-49	25	3	6	12	19	23

A STEPS



B STEPS



PATTERN DANCES

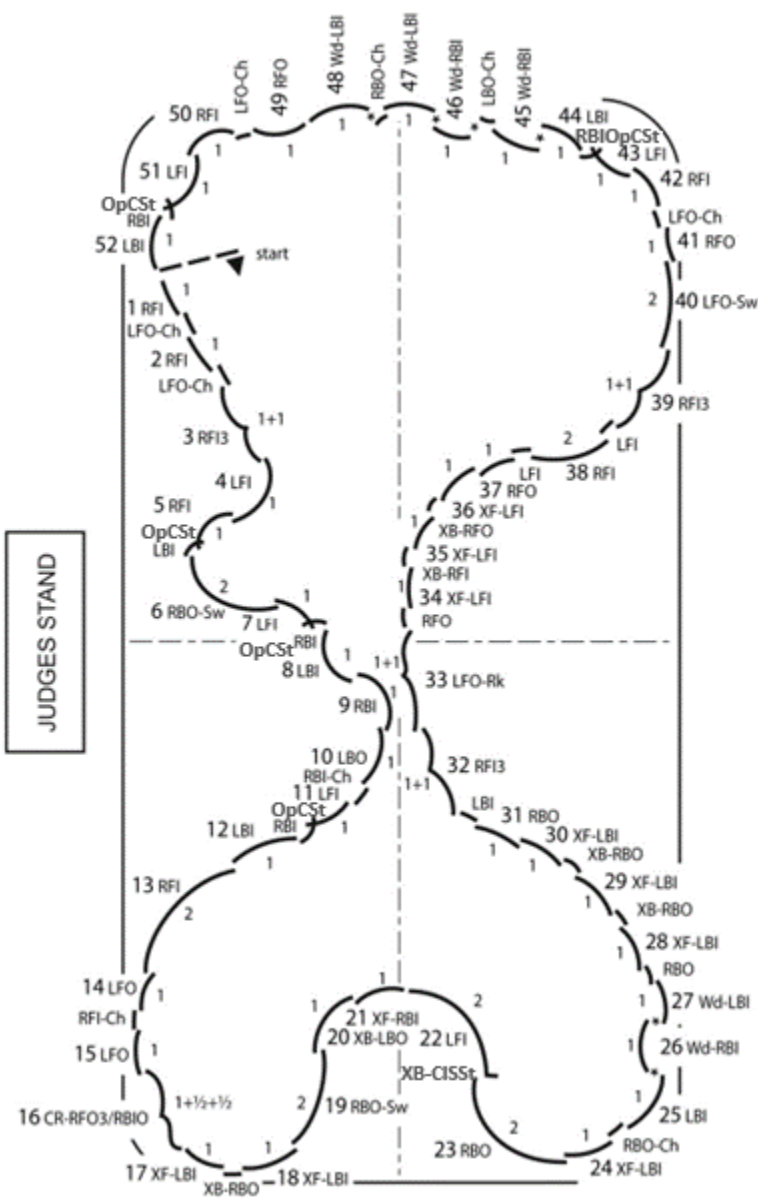
COMPETITION TECHNICAL REQUIREMENTS

Yankee Polka

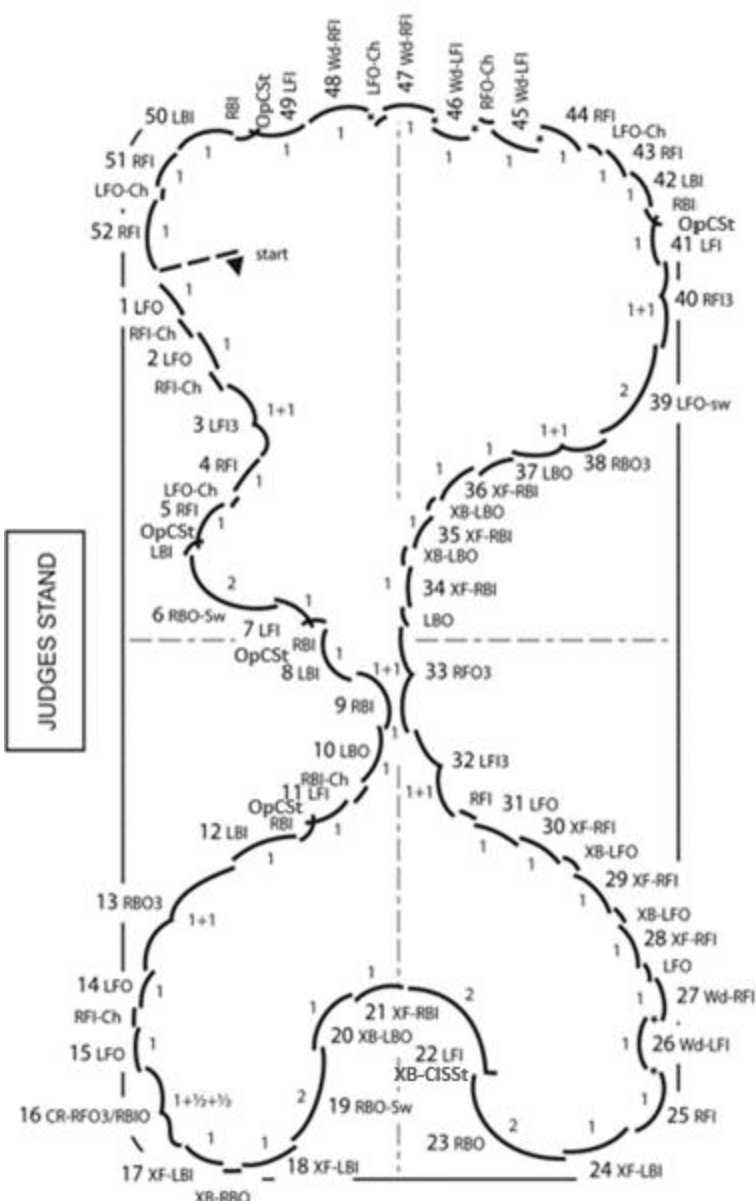
Music	Tempo	Pattern
Polka 2/4	60 measures of 2 beats per minute 120 beats per minute +/- 2 beats per minute	Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step
31.5 – 32.5		63.0 – 65.0

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
YP1Sq1, YP1Sq2	1 st Section	1-25	25	3	6	12	19	23
YP2Sq1, YP2Sq2	2 nd Section	26-52	27	3	7	14	20	24

A STEPS



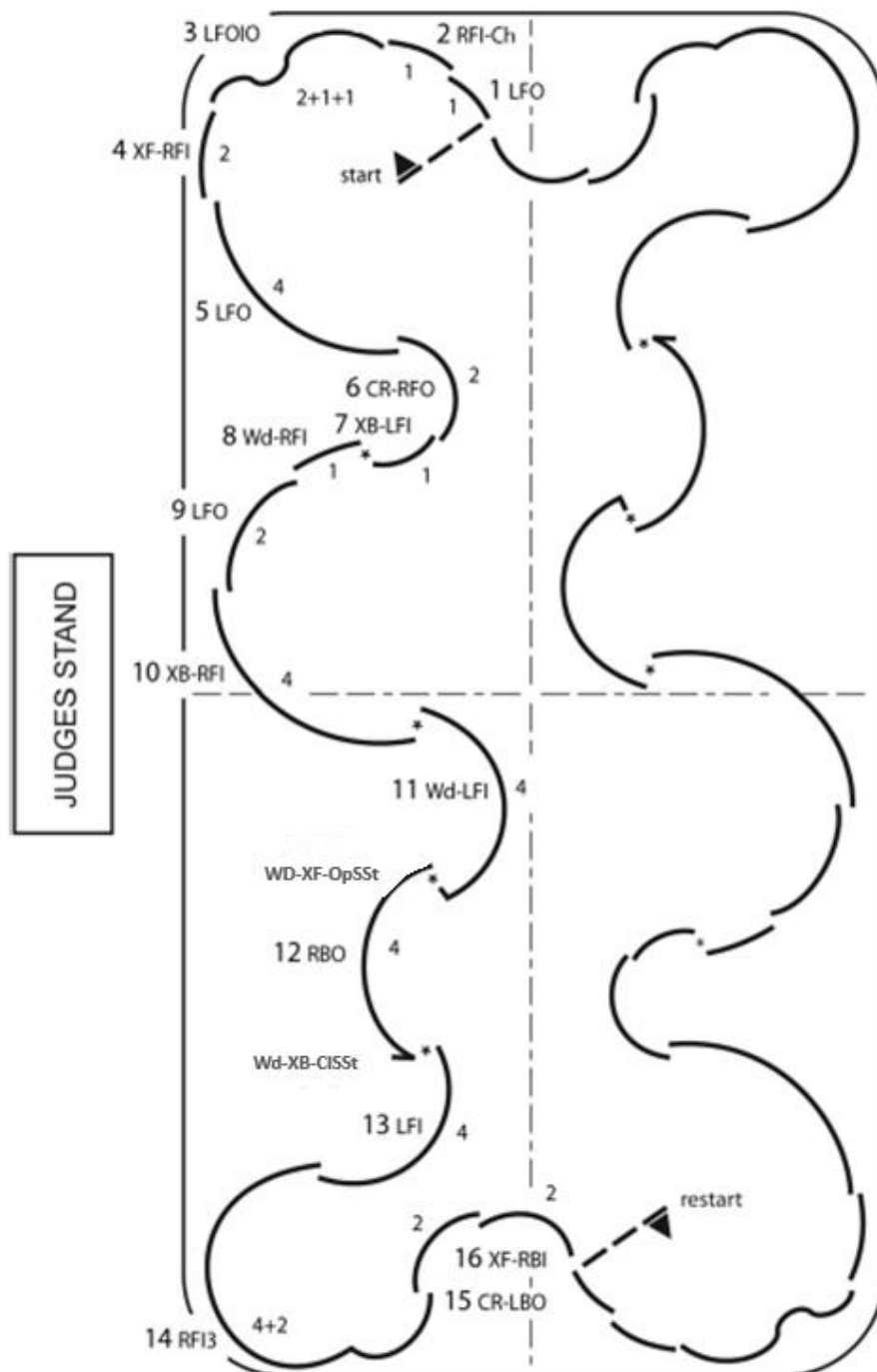
B STEPS



PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Rhumba								
Music	Tempo							Pattern
Rhumba 4/4	44 measures of 4 beats per minute 176 beats per minute +/- 2 beats per minute							Optional
Duration in seconds per Sequence				Duration in seconds from step #1 to last step				
14.8 – 15.2				59.2 – 60.8				
4 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
RH1, RH2, RH3, RH4	1 Section	1-16	16	2	4	8	12	14



PATTERN DANCES

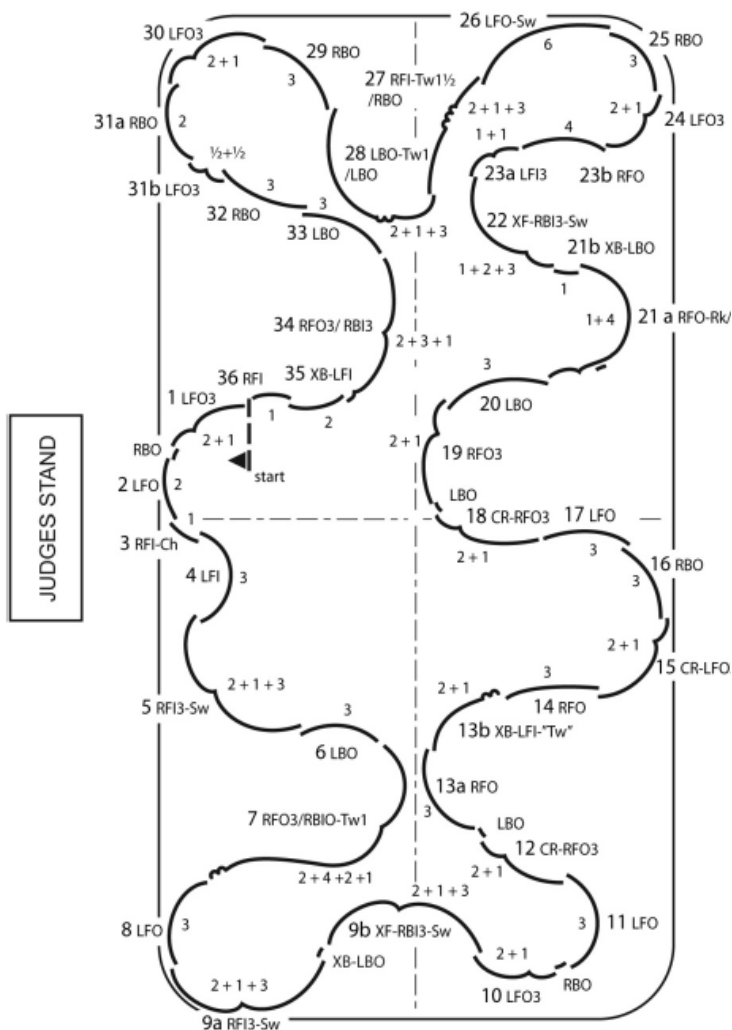
COMPETITION TECHNICAL REQUIREMENTS

Austrian Waltz

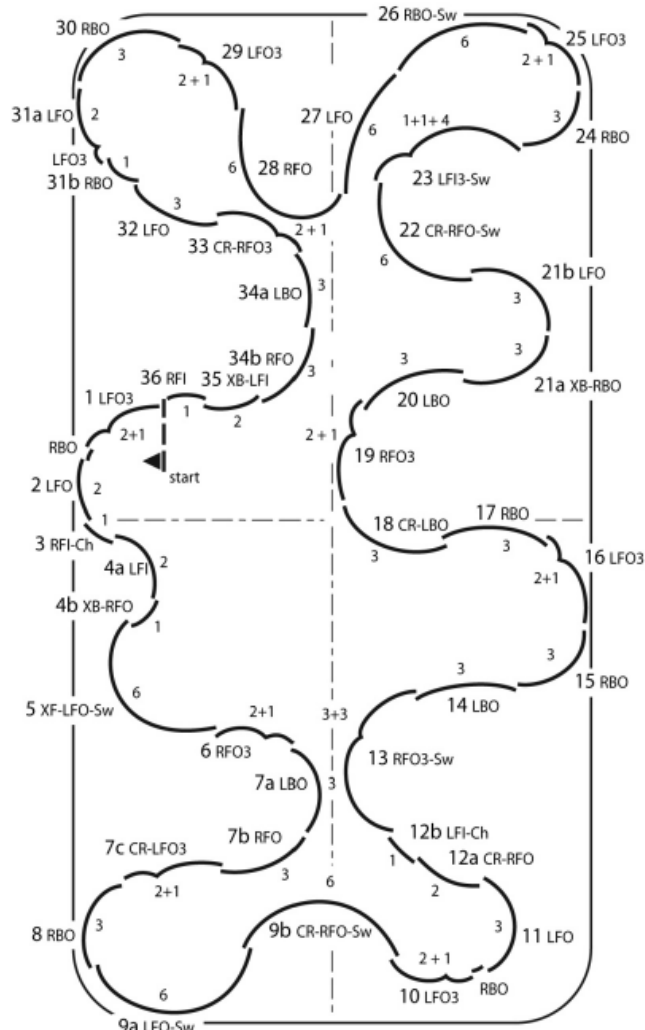
Music	Tempo	Pattern
Waltz 3/4	60 measures of 3 beats per minute 180 beats per minute +/- 3 beats per minute	Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step
48.2 - 49.8		96.4 - 99.6

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
OW1Sq1, OW1Sq2	1 st Section	1-16	20	2	5	10	15	18
OW2Sq1, OW2Sq2	2 nd Section	17-36	23	2	6	12	17	21

A STEPS



B STEPS



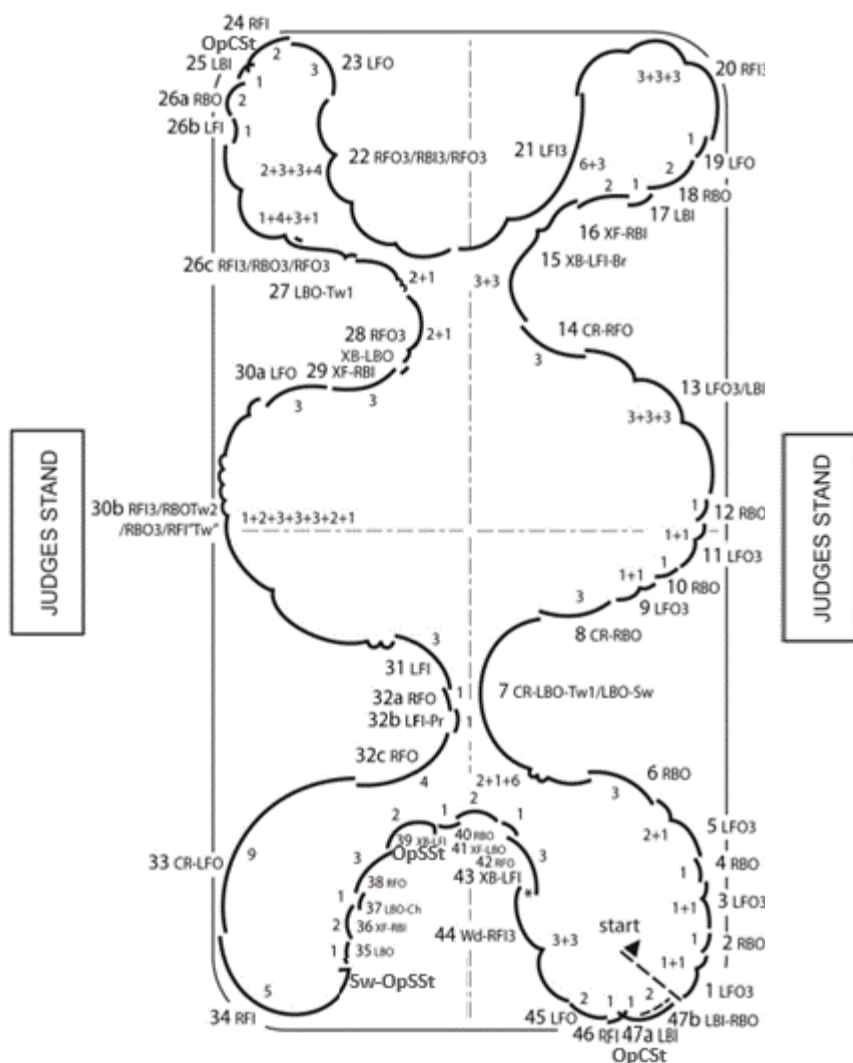
PATTERN DANCES

COMPETITION TECHNICAL REQUIREMENTS

Golden Waltz			
Music	Tempo		Pattern
Waltz 3/4	62 measures of 3 beats per minute 186 beats per minute +/- 3 beats per minute		Optional
Duration in seconds per Sequence		Duration in seconds from step #1 to last step	
57.4 - 58.7		114.8 - 117.4	

2 Sequences / 4 GOEs	Section	Steps	# of Steps	10%	25%	50%	75%	90%
GW1Sq1, GW1Sq2	1 st Section	1-22	24	3	6	12	18	22
GW2Sq2, GW2Sq2	2 nd Section	23-47	32	3	8	16	24	29

A STEPS



B STEPS

